

## Peterborough Community Food Network (PCFN)

### MEETING MINUTES

Thursday, January 16, 2014

1:00 to 2:30 p.m.

St. John's Anglican Church, St. Nicholas Hall

*(Meeting room located on the main floor adjacent to the Church Office)*

**Attendees:** Dr. Rosana Pellizzari (Chair), Marie Bongard, Dorothy Boddy, Dawn-Berry Merriam, Joëlle Favreau, Tara-Lyn Prindiville, Indira Noye Jillian Bishop, Margaret Wright, Alida Tanna (Recorder)

**Regrets:** Mary Ann Martin, Julie Stoneberg, Chris Kawalec, Carolyn Doris

#### 1.0 Welcome and Introductions

Dr. Pellizzari welcomed two new members to the meeting.

Tara-Lyn Prindiville is the new Research Coordinator with the Peterborough Poverty Reduction Network (PPRN). In addition to research, Tara-Lyn also supports some of the activities of the PPRN's work groups.

Indira Noye is the new Food Logistics Coordinator for [Student Nutrition Programs for the Central East region](#). Based out of the Peterborough Family Resource Centre, Indira coordinates two nutrition programs in seven different areas which include: Durham, York, Haliburton, City of Kawartha Lakes, Peterborough County, Simcoe, and Northumberland County.

#### 2.0 Approval of Agenda

The agenda was approved with the following revisions:

- deferral of items 4.1, 4.4, 7.2 and 7.3; and
- addition of items:
  - o 7.4, Debrief re: November 2013 Healthy Communities Forum
  - o 7.5, OPIRG Request
  - o 9.1, OPHA Conference

#### 3.0 Approval of Minutes – October 17, 2013

The minutes were approved as circulated.

#### 4.0 Business Arising from the Minutes

##### 4.1 2014-15 PCFN Work Plan – Sub-Committee

Carolyn Doris is currently on a temporary leave of absence. As the lead for this item, this was deferred and will remain parked until her return.

##### 4.2 PSPC Presentation to City Council re: Living Wage Report

Dawn Berry-Merriam discussed the report, [Calculating A Living Wage for Peterborough](#), produced by the Peterborough Social Planning Council (PSPC). The report is based on information and statistics provided by the Canadian Centre for Policy Alternatives (CCPA). While most living wage reports look at a typical family of four, this report was expanded to

include a number of scenarios including a family of three, a single parent with child, and a single individual.

In communicating the results of the report to the local business community, the PSPC were mindful to frame it as a tool to foster wealth creation within Peterborough, rather than a tool which focuses solely on poverty reduction.

Local data and reports, including the [Nutritious Food Basket](#) report produced by the Health Unit, and the [Housing Is Fundamental](#) report from the Affordable Housing Action Committee, were taken into account. The PSPC also hosted a think tank in late 2013 to review the report.

**ACTION: Alida to include a link to the report on the Community Food Network's site. Joëlle to provide a link to a CCPA infographic on Ontario's minimum wage. The infographic is entitled [What Difference Would \\$14/hr Make?](#)**

#### 4.3 PCFN Co-Chair

Joëlle noted that in order to proceed with this item, more information is required from the PPRN, including whether there would be any compensation for the Co-Chair (and if so, approximate amount) as well as whether there would be training for these individuals.

**ACTION: Tara-Lyn noted this request for the PPRN.**

#### 4.4 Backyard Hens

This item was deferred.

### 5.0 Need Food (Short Term Relief)

#### 5.1 Breastfeeding Site Supports

Dr. Pellizzari discussed the recent revitalization of the local breastfeeding coalition, and her proposal that the PCFN website include links to breastfeeding support and information as it clearly relates to 'needing food' (for infants). Recent local research conducted by PCCHU shows that the percentage of new mothers exclusively breastfeeding at two weeks postpartum and also at six-months postpartum has also decreased. This [report](#) was presented to the Board of Health in September, 2013. **DECISION: Members were supportive of posting this information on the web site. ACTION: Dr. Pellizzari will follow up with the appropriate Health Unit staff to ensure links are available.**

### 6.0 Get Involved (Capacity Building)

No update.

### 7.0 Create Change (System Change)

#### 7.1 Letter from PHAC re: Right to Food

A response from Dr. Gregory Taylor, Deputy Chief Public Health Officer, Public Health Agency of Canada, was reviewed. This letter was in response to a PCFN letter sent on June 6, 2013 concerning the right to food in Canada, forwarded to the Hon. Leona Aglukkaq, former Minister of Health, by the office of the Prime Minister.

## 7.2 Ontario Food and Nutrition Strategy

This item was deferred.

## 7.3 2014-15 PCFN Work Plan

This item was deferred.

## 7.4 Debrief re: November 2013 Healthy Communities Forum

On November 21, 2013, the Health Unit hosted *Possibilities in Planning & Policy: A Healthy Communities Forum* which was held at Market Hall. The intent of the forum was to bring together local people involved in shaping healthy public policy together for a learning and networking opportunity. The PCFN meeting regularly scheduled for that date was cancelled in lieu of this meeting, which members were encouraged to attend if possible.

A panel on planning and policy took place in the morning, which included Bryan Weir (County of Peterborough), Brad Appleby (City of Peterborough) and Carolyn Doris on behalf of the PCFN. The afternoon featured small group discussions, as well as a presentation by Ken Doherty (Director of Community Services, City of Peterborough) on the importance of public participation in policy development.

Jane Hoffmeyer, the PCCHU lead, is currently pulling together results and feedback from that meeting. Members commented that the food group discussion went very well, and that the graphic facilitators were very engaging and added a lot to the event.

The next meeting of the Partners in Wellness group is on February 5<sup>th</sup>.

## 7.5 OPIRG Request

As an OPIRG board member, Tara-Lyn has recently become aware of a request by the Ontario Association of Food Banks to start collecting some information about their clients who obtain food through the OPIRG food cupboard (this would apply to all food banks). OPIRG is quite concerned that this will limit access, since currently they do not ask for any personal details from their clients.

**ACTION: Dr. Pellizzari will contact Deb Aben to confirm whether Kawartha Food Share has been required to collect this information. This item will be brought forward for further discussion at the February meeting.**

## 8.0 Round Table Themes

### 8.1 Income Equity/Advocacy

(PPRN; Income Equity Work Group; NFB)

- The PPRN recently made a deputation to the City's Finance Committee. Dianne Therrien, the new PPRN coordinator, presented on income inequality and on cuts to the Housing Stabilization Fund (HSF), which replaces the now defunct Community Start-Up and Maintenance Benefit (CSUMB).

### 8.2 Emergency Food/Community Meals

(Kawartha FoodShare; Our Space; Faith Community members)

- Members requested an update from Chris Kawalec on community meals for 2014 (specifically those held on statutory holidays). **ACTION: Alida will forward this request on to Chris.**
- Keene United Church has started a food cupboard.

### 8.3 Urban Agriculture/Farming

(PCGN; Farms at Work; Sustainable Peterborough)

- At the recent meeting of the Food and Agriculture Working Group of Sustainable Peterborough, the group reviewed the [Best Practices in Local Food: A Guide for Municipalities](#) produced by the Association of Municipalities of Ontario (AMO). It was acknowledged that Peterborough has already undertaken a number of the practices in the guide. **ACTION: Alida to ensure this link is available on the PCFN web site.**
- On a related note, Pat Learmonth was scheduled to present on the Local Food Act to County Council. **ACTION: Dr. Pellizzari will ask Pat whether she would be willing to share her presentation with the network.**
- Dawn also discussed briefly discussed next steps for Sustainable Peterborough, the City has hired a consultant to lead the next stage of the plan. **ACTION: Dawn will confirm with Ken Doherty whether the Sustainable Peterborough initiative has any municipal representatives on the main or sub-committees.**
- Jill advised that the Peterborough Community Garden Network is currently in discussions with Fleming College to start a community garden on its Sutherland Campus.
- Seedy Sunday is scheduled for Sunday, March 9 at George St. United Church, 1 – 5 p.m. Details will be circulated to the network, including information about booking a table at the event.

### 8.4 Local Food Promotion/Procurement/Distribution

(Farmers Markets; Peterborough Eats; By the Bushel; Seasoned Spoon; Kawartha Choice; Schools-Post Secondary)

- No update.

### 8.5 Community Food Hub/Food Programs

(Nourish Project; Cooking; JustFood; Collective Kitchens; Gleaning)

- Nourish has recently finished its framework evaluation and is developing a business plan which will look at the establishment of an urban site for a community food hub.
- Nourish will be hosting a governance event, Exploring Collaborative Governance, on Friday February 7<sup>th</sup> from 9:00 am – noon at St. Andrew's United Church. Members were invited to attend. **ACTION: Joëlle to report back on this event at the next meeting.**
- Peterborough Gleans is in the midst of finalizing its 2013 report, and expects to apply for community grants in the near future. This report will be circulated to the network when it becomes available.

### 8.6 Food Policy

(PSPC; Municipal Update; Community Social Plan; Healthy Communities/Partners in Wellness)

- No update.

### 8.7 Food-Related Social Enterprises

(Peterborough Eats; CSA Farms, Seasoned Spoon; LETS, TTP/Purple Onion Festival)

- No update.

## 9.0 Other

### 9.1 OPHA Conference

Dr. Pellizzari advised that the Ontario Public Health Association will host a workshop entitled *Health In All Policies: Advancing an Intersectoral Approach to Promoting Healthy Eating in Ontario* on March 6<sup>th</sup>. Healthy Communities will fund the registration for four PCFN members, early-bird registration closed January 17<sup>th</sup>. **ACTION: Alida to send out information, interested members were asked to contact Carolyn Doris.**

## 10.0 Agenda Items for February 20, 2014

- PCFN Co-Chair
- Data Collection for the Ontario Association of Food Banks
- 2014 Statutory Holiday Meals

## 11.0 Adjournment

The meeting was adjourned at 2:25 p.m.

### Parked Items

*PCFN meetings take place the third Thursday of every month at St. John's Anglican Church, St. Nicholas Hall from 1 – 2:30 p.m. Please submit your agenda items to Alida Tanna ([atanna@pcchu.ca](mailto:atanna@pcchu.ca)) no later than 1 week prior to the meeting for inclusion in the circulated package. Meeting agendas and minutes for the PCFN are posted in the 'Create Change' section of the [Food in Peterborough](#) web site.*

*Any community member or organization is welcome to submit relevant updates which may be shared as part of the 'Round Table' section. The organizations listed below each heading are examples of each theme or grouping, and are not meant to be exclusive. If you cannot attend a meeting to provide your update, please submit them via e-mail to Alida Tanna.*