

Peterborough Community Food Network (PCFN)

MEETING MINUTES

Thursday, April 24, 2014

1:00 to 2:00 p.m.

St. John's Anglican Church, St. Nicholas Hall

(Meeting room located on the main floor adjacent to the Church Office)

Attendees: Dr. Rosana Pellizzari (Chair), Dorothy Boddy, Joëlle Favreau, Mary Anne Martin, Deb Aben, Becky Lyon, Chris Kawalec, Jillian Bishop, Tamara Mann, Indra Noyes, Catherine Middleton, Lori Kyle, Julie Stoneberg, Carolyn Doris (Recorder).

Regrets: Tara-Lyn Prindiville, Dawn Berry-Merriam, Dorothy Boddy, Marie Bongard, Alida Tanna, Lyn Miller.

1.0 Welcome and Introductions

Dr. Pellizzari welcomed Lori Kyle and Catherine Middleton from the Unitarian Fellowship of Peterborough (UFP). Lori and Catherine are members of a newly formed Food Action Group for the UFP.

2.0 Approval of Agenda

The agenda was approved with the deferral of 7.1.

3.0 Approval of Minutes – February 20, 2014

The minutes were approved as circulated. Thank you to Joëlle Favreau for chairing the meeting.

4.0 Business Arising from the Minutes

4.1 PCFN Co-Chair

Upon reflection on implementing co-chairs for working groups, Dr. Pellizzari emailed PPRN requesting that support in considering guidance, and financial support (ie travel, child care, honorariums). Joëlle confirmed that the topic was brought forward at the PPRN Planning Day along but not discussed with other priority items being brought forward. **ACTION: Dr. Pellizzari will bring the topic forward to the PPRN Planning Committee for further discussion and clarification.**

5.0 Need Food (Short Term Relief)

None.

6.0 Get Involved (Capacity Building)

6.1 Healthy Kids Community Challenge

Dr. Pellizzari shared that an application to the [Healthy Kids Community Challenge](#) by the City, County, Curve Lake and Hiawatha First Nation was submitted for funding. The province will be funding 30 pilot communities and approximately 60 Ontario communities applied. Successful applications will be provided with funding, training, advice, social marketing tools and other resources over four years to develop and implement community-based programs and activities that promote healthy habits.

7.0 Create Change (System Change)

7.1 Ontario Food and Nutrition Strategy

Carolyn Doris provided a brief update on the 2013 draft of the [Ontario Food and Nutrition Strategy: A Plan for Healthy Food and Farming](#). PCFN members provided comment earlier on during the initial stages. The strategy continues to be presented to stakeholders for comment including First Nations. Questions will be released shortly for additional feedback. There is likely to be some additional changes so that it aligns with the Healthy Kids Panel report and the Local Food Act. Currently the design team has expanded to include Sustain Ontario, Dietitians of Canada, Cancer Care Ontario (as part of the Ontario Collaborative Group on Healthy Eating and Physical Activity) and representatives from chronic disease organizations, public health, agriculture and universities. Carolyn will keep the PCFN updated on next steps.

8.0 Round Table Themes

8.1 Income Equity/Advocacy

(PPRN; Income Equity Work Group; NFB)

- PPRN's first planning was held; the agenda included preliminary discussions about the direction for the next 2 years with good discussion; CFN and other Workgroups will be invited to participate in next steps
- Carolyn shared that costing for the Nutritious Food Basket, a specific list of food items based on healthy eating patterns will be taking place in May. The Ministry of Health requires all Ontario Health Units to complete this yearly. Locally the results are used as the basis of the Limited Incomes report that shows clearly that people living on social assistance or working minimum wage jobs are not able to afford a healthy diet after paying for rent, utilities etc.
- The PPRN Income Security Work Group continues to advocate with other local groups around the latest cuts to social assistance. Any support that agencies can provide to City Council and the Province are appreciated. Upcoming Municipal and Provincial elections will be a critical time for advocacy.

8.2 Emergency Food/Community Meals

(Kawartha FoodShare; Faith Community members)

Community Meals:

- Chris circulated an updated list of 2014 Statutory Holiday Meals. There are eleven meals scheduled for 2014:
 - o February 17, Family Day – Murray St. Baptist Church
 - o April 18, Good Friday – St. Andrew's United Church and the Quaker Society of Friends (at St. Andrew's)
 - o April 20, Easter Sunday – Beth Israel Synagogue (at St. Paul's)
 - o April 21, Easter Monday – Trinity United Church & St. Andrew's United Church (at St. Paul's)
 - o May 19, Victoria Day – Murray Street Baptist Church (at Murray St.)
 - o July 1, Canada Day – LLNWA (at St. Paul's)
 - o September 1, Labour Day – Murray Street Baptist Church (at Murray St.)
 - o October 13 – St. Stephen's (at St. Paul's)

- December 25, Christmas Day – No meal provider identified
- December 26, Boxing Day – No meal provider identified
- January 1, 2015, New Year’s Day – No meal provider identified
- Chris noted that he is confident that all other dates will be filled.
- Kawartha Food Share received a number of calls for emergency food at Easter when food banks would be closed; it is helpful to be able to direct people to Community Meals.
- The lack of public transportation on stat holidays makes it difficult for people living outside of downtown to attend community meals and adds to isolation; it was suggested that timing is right for faith groups to meet collectively to reflect on community meals and discuss future needs including options for carpooling/transportation.

Kawartha Food Share:

- KFS has received a \$104 000 grant over two years to expand fridge/freezer and hire a part-time warehouse staff to expand food items currently available to Student Nutrition Programs in schools; currently grain products are available but this funding will increase access to more healthy food choices (i.e., fruit, vegetables, milk, yogurt and cheese); the formal announcement will be made on May 9.
- Link2Feed training with Member Agencies is taking place and will be fully implemented by June 1; there have been some challenges and training is taking longer than anticipated in some instances.

8.3 Urban Agriculture/Farming

(Peterborough Community Garden Network (PCGN); Farms at Work; Sustainable Peterborough)

- The Food & Farming Workgroup met on March 13; Farms at Work gave an update on their “food finder website” that allows people/organizations/businesses to submit local food needs that is then sent out to the farmers to negotiate price, delivery etc.
- New Provincial Policy Statements have been released and were discussed. It includes more protection of prime agricultural land (i.e., Class 4 to 7).
- Peterborough made a presentation to the Ontario Farmland Trust Forum about the analysis of agriculture production in Peterborough and projections to impact local food security. A report will be published in Greenzine.
- Other items discussed included next steps locally to implement Association of Municipalities of Ontario Best Practices for Local Food including who should be involved in discussions and upcoming evaluation of Kawartha Choice program
- The PCGN will be supporting 5-6 new gardens in 2014 along with expansion of 2 existing gardens.
- Funding has been received for seed saving work including the startup of a Community Seed Library, education on how to grow seeds and working with a collective of farmers to grow seeds.
- Greenup and Thomas A. Stewart Secondary School are currently growing seedlings for community gardeners. An edible garden tour is being planned for 2014.
- Jill shared information about the screening of a documentary on Peterborough Community Gardens on April 29, 2014 at 6:30 p.m. at The Venue, 268 George St. Peterborough.

- Seedy Sunday is scheduled for Sunday, March 9 at George St. United Church, 1 – 5 p.m.

8.4 Local Food Promotion/Procurement/Distribution

(Farmers Markets; Peterborough Eats; By the Bushel; Seasoned Spoon; Kawartha Choice; Schools-Post Secondary)

- The Downtown Farmer's Market begins on May 7th with a pancake breakfast and will continue until the end of October.
- With support of funders, Nourish Coupons (piloted during 2013 market season through Taste of Nourish cooking programs) will be available again this year. It is hoped that there will be expansion of coupons to other markets.

8.5 Community Food Hub/Food Programs

(Nourish Project; JustFood; Collective Kitchens; Gleaning)

- Nourish programming continues at St. Andrews and looking at expansion into County
- In May, JustFood deliveries were made to schools for Student Nutrition Programs (breakfast clubs) with 42 of 47 schools participated. This new program with funding from the Greenbelt Fund will be evaluated.
- Indra shared that the Ministry of Children and Youth Services recently [announced funding of \\$32 million](#) over 3 years to Student Nutrition Programs. Funding is to support expanding breakfast programs in elementary, secondary and First Nations schools.

8.6 Food Policy

(PSPC; Municipal Update; Community Social Plan; Healthy Communities/Partners in Wellness)

- Work on backyard hens by-law will be started shortly. **ACTION: Carolyn will contact Peter Hughes at GreenUp.**

8.7 Food-Related Social Enterprises

(Peterborough Eats; CSA Farms, Seasoned Spoon; LETS, TTP/Purple Onion Festival)

- Current PCFN members can be accessed on the Food in Peterborough website.

9.0 Other

None.

10.0 Agenda Items for May 15, 2014

- 2014-15 PCFN Workplan

11.0 Adjournment

The meeting was adjourned at 2:00 p.m.

Parked Items

- 2014-15 PCFN Work Plan (Carolyn Doris)
- Backyard Hens (Carolyn Doris)
- Ontario Food and Nutrition Strategy (Carolyn Doris)

PCFN meetings take place the third Thursday of every month at St. John's Anglican Church, St. Nicholas Hall from 1 – 2:30 p.m. Please submit your agenda items to Alida Tanna (atanna@pcchu.ca) no later than 1 week prior to the meeting for inclusion in the circulated package. Meeting agendas and minutes for the PCFN are posted in the 'Create Change' section of the [Food in Peterborough](#) web site.

Any community member or organization is welcome to submit relevant updates which may be shared as part of the 'Round Table' section. The organizations listed below each heading are examples of each theme or grouping, and are not meant to be exclusive. If you cannot attend a meeting to provide your update, please submit them via e-mail to Alida Tanna.