

## Peterborough Food Action Network (PFAN)

### MEETING MINUTES

Thursday, April 21, 2016

1:00 to 2:30 p.m.

**LOCATION: Dr. J. K. Edwards Board Room, 3rd Floor  
Peterborough County-City Health Unit, 185 King Street**

**Present:** Barb Diceman, Lyn Miller, Joelle Favreau, Katie Caddigan, Mary Anne Martin, Sharon Cadman, Sandra Whatman, Marcy Adzich, Lori Sainte, Fred Kooy, Rebecca Weiss, Chris Kawalec, Dorothy Boddy, Peter Hughes, Jill Bishop, Elisha Rubacha, Carolyn Doris, Rosana Salvaterra (Chair), Alida Tanna (Recorder).

#### **1.0 Welcome and Introductions**

#### **2.0 Approval of Agenda**

The agenda was approved as circulated.

#### **3.0 Approval of Minutes – February 18, 2016**

The minutes were approved as circulated.

#### **4.0 Business Arising from the Minutes**

##### **4.1 Review Action Items from the Previous Meeting**

- **Work Plan Update (Carolyn)**
  - Carolyn has removed historical accomplishments from the work plan, she will archive this information elsewhere so it remains accessible.
  - The goal has been shifted to a visionary statement.
  - The four directions from the PPRN strategic plan have been incorporated: empower, build capacity, create change, collaborate.
  - Working groups will be formed to carry out work from the three areas (leads are identified below):
    - Need Food (Joëlle)
    - Get Involved (Peter)
    - Create Change (Carolyn)
  - **ACTION: Members interested in joining one of these groups were encouraged to contact the working group leads.**
  - It was suggested that the groups could meet quarterly and report to PFAN.
- **Food Charter Update (Carolyn)**
  - Carolyn reminded members that the Board of Health initially asked PFAN to review the Food Charter and advise on next steps.
  - This was presented to PFAN in January, and after incorporating feedback from that meeting, as well as input received from Sustainable Peterborough, Carolyn sought approval on the charter from the membership.
  - A revision was requested to the second paragraph to be inclusive of all Peterborough residents (i.e., “for all our Peterborough communities”).
  - **DECISION: Approved as amended.**

## 5.0 New Business

### 5.1 Discussion – PFAN Response to Part 1 of City’s Official Plan (Carolyn/All)

- PFAN has provided input to this process in the past, namely through the submission of the Plant It document dating back to 2011.
- The City’s forthcoming plan includes references to local food, it appears in a number of areas (e.g., sustainable environment, social amenities, etc.).
- The City is seeking input and has launched a survey to obtain feedback. They will also start community consultations this spring, and Carolyn noted that City staff will attend festivals and local events to garner feedback. It was suggested that the PFAN could prepare an ‘Official Plan 101’ document and circulate it so that if members of the community are approached, they would have a primer to help them respond. It was also noted that the Peer Advocates could assist in distributing this as well.
- A working group will be struck to prepare a response from PFAN. **ACTION: The following members agreed to meet on this item: Carolyn, Mary Anne, Marcy, Fred, Joëlle, Peter, Jill, Katie and Rosana.**

### 5.2 PROOF Report – Household Insecurity in Canada – Highlights (Carolyn)

#### **Hyperlinks:**

#### **Full report:**

<http://proof.utoronto.ca/wp-content/uploads/2016/04/Household-Food-Insecurity-in-Canada-2014.pdf>

#### **Infographic:**

<http://proof.utoronto.ca/resources/proof-annual-reports/annual-report-2014/#infographic>

- Carolyn provided an overview of the report, *PROOF – Food Insecurity Policy Research*, which has been posted to the Food in Peterborough blog.
- Overall, the report shows that food insecurity is increasing across the country. The report found that “*An examination of food insecurity in the 27 major urban areas in the provinces and territories that participated in the 2013-2014 survey revealed considerable variation. The prevalence of food insecurity in 2013-14 was highest in Peterborough, Ontario (17.6%) where over 1 in 6 households experienced food insecurity.*”
- It is important to note that the census data only includes townships that touch urban centres, so it does not include outlying rural townships, or First Nations communities.

### 5.3 Endorsement of OSNPPH Position Statement regarding Food Security (Carolyn)

#### **Hyperlinks:**

#### **Statement:**

<http://www.osnpph.on.ca/upload/membership/document/2016-02/position-statement-2015-final.pdf#upload/membership/document/2016-02/position-statement-2015-final.pdf>

#### **Infographic:**

<http://www.osnpph.on.ca/upload/membership/document/food-insecurity-infographic-final.pdf#upload/membership/document/food-insecurity-infographic-final.pdf>

\*Note: The PCCHU Board of Health endorsed this statement in October 2015

- Carolyn brought a request forward from the Ontario Society of Nutrition Professionals in Public Health (OSNPPH) to endorse their position statement on food insecurity.
- Initially, the group was not seeking endorsement beyond boards of health, however this has now expanded.
- Both Nourish and Basic Income Peterborough have endorsed the statement as well as the Board of Health, Community Food Centres Canada, etc.

- **DECISION: Endorsement approved. ACTION: Carolyn will take this forward to the PPRN for their endorsement.**

## **6.0 Round Table Themes**

### **6.1 Income Equity/Advocacy**

*(PPRN; Income Security Work Group; Nutritious Food Basket)*

- PPRN has just launched their strategic plan, a link to the document will be posted on the Food in Peterborough web site.
- The Ontario Poverty Reduction Fund is accepting submissions to two funding streams, a main stream for poverty reduction projects, and another for first nations specific projects.
- Rosana will be speaking on the basic income guarantee (BIG) as part of Imagine, an event hosted by the Green Wood Coalition in Port Hope, Ontario. More details can be found here: <http://www.greenwoodcoalition.com/>.
- The Province has expressed interest in piloting BIG. The Basic Income Peterborough Network is working on obtaining endorsements: County Council, several Townships and the City have expressed their support.

### **6.2 Emergency Food/Community Meals/Community Food Hub/Food Programs**

*(Kawartha Food Share; Faith Community members; Nourish Project; JustFood; Collective Kitchens; Gleaning; City of Peterborough)*

- The Peer Advocates Office will open next week at the YWCA.
- The Church of Jesus Christ of Latter-day Saints recently held a session regarding the provision of food/meals during an emergency response.
- Seeds of Change held a community meal (not intended as an emergency food meal) on April 13<sup>th</sup>.
- Attendance at the One Roof diner has been increasing. There will be a review done of the first three months (March, April, May) at the end of the quarter.
- Myrtle's Kitchen, the community kitchen housed in the Peterborough County-City Health Unit with Nourish will open June 10<sup>th</sup>. Details are forthcoming.

### **6.3 Urban Agriculture/Farming/Local Food**

*(PCGN; Farms at Work; Sustainable Peterborough; Farmers Markets; Peterborough Eats; By the Bushel; Seasoned Spoon; Kawartha Choice)*

- Jill reported that she is involved in starting 3 new community gardens, currently Peterborough has 44. For some perspective, Boston has 50 and is considered one of the top ten cities for community gardens.
- 80 individuals have joined the waiting list for plots.
- The PCGN has been preparing a case for the City in order to obtain water through public works for community gardens.
- The PCGN is working with Nourish on a pulsibility challenge. *(Pulses are part of the legume family, but the term "pulse" refers only to the dried seed. Dried peas, edible beans, lentils and chickpeas are the most common varieties of pulses).*
- The Downtown Farmer's Market opens May 4<sup>th</sup>.

#### 6.4 Food Policy

*(PSPC; Municipal Update; Community Social Plan; Healthy Communities/Partners in Wellness)*

#### 7.0 Other

#### 8.0 Agenda Items for May 19, 2016

#### 9.0 Meeting Highlights for Email Notice

#### 10.0 Adjournment

The meeting was adjourned at 2:30 p.m.

#### Parked Items

#### Future Items

*PCFN meetings take place the third Thursday of every month at the Peterborough County-City Health Unit, Dr. J. K. Edwards Board Room (3rd Floor), 185 King Street from 1 – 2:30 p.m. Please submit your agenda items to Alida Tanna ([atanna@pcchu.ca](mailto:atanna@pcchu.ca)) no later than 1 week prior to the meeting for inclusion in the circulated package. Meeting agendas and minutes for the PCFN are posted in the 'Create Change' section of the [Food in Peterborough](#) web site.*

*Any community member or organization is welcome to submit relevant updates which may be shared as part of the 'Round Table' section. The organizations listed below each heading are examples of each theme or grouping, and are not meant to be exclusive. If you cannot attend a meeting to provide your update, please submit them via e-mail to Alida Tanna.*