

## Peterborough Food Action Network (PFAN)

### MEETING MINUTES

Thursday, December 15, 2017

1:00 to 2:30 p.m.

**LOCATION: Dr. J. K. Edwards Board Room, 3rd Floor  
Peterborough Public Health, Jackson Square, 185 King Street**

**Attendees:** Chris Kawalec, Dorothy Boddy, Elisha Rubacha, Margaret Madden, Lori Sainte, Mary Anne Martin, Joëlle Favreau, Tanya Kowalenko, Peter Hughes, Lyn Miler, Casey Watson, Jocelyn Whalen, Liam Floyd, Erica Richmond, , Jill Bishop, Dr. Rosana Salvaterra (Chair), Carolyn Doris (Recorder).

#### **1.0 Welcome and Introductions**

#### **2.0 Approval of Agenda**

The agenda was approved as circulated.

#### **3.0 Approval of Minutes – October 20, 2016 (attachment)**

The agenda was approved as circulated.

#### **4.0 Business Arising from the Minutes**

##### 4.1 World Food Day/Harvest Dinner 2016 Event Debrief (Joëlle/Carolyn)

The 3<sup>rd</sup> Annual Harvest dinner was held on Nov. 27, 2016 at Peterborough Public Health. Attendees (55 in total - including Nourish participants, PFAN members, community partners) enjoyed a delicious vegetarian meal prepared in Myrtle's Kitchen. Thanks to Dr. Salvaterra for being a great emcee and providing music. It was noted that children's activities were not offered but could be reintroduced in future dinners and that trivia games (with prizes) are well liked. It was noted that more advance notice of the event could increase participation.

##### 4.2 Watering for Community Gardens Update (Jill)

There continues to be meetings with City staff on issue. There was less support offered at the last meeting with Parks & Recreation staff (i.e., not willing to provide taps) and instead are willing to provide a list of current water taps where future gardens could be located. Jill noted that this is not the way to approach development of community gardens. It was noted again that the City's Community Garden policy does not include access to water. Dr. Salvaterra and PFAN members agreed this is a key area that needs additional work and continue support. A follow-up letter and additional advocacy may be necessary in mid-January. **ACTION: Update at January PFAN meeting and discuss next steps.**

##### 4.3 Community Meal Provider Update (Chris)

St. John's Anglican Church won the City Contract for community meals as the One Roof Community Diner (ORCD). Friday January 6, 2017 will be the last day for the Lighthouse program (led by CMHA and food provision by KawarthaFest) and the One Roof Community Centre (ORCC) will begin operations under the new contract on Saturday, January 7, 2017. ORCD evening meals will be from 5:30-6:30pm in December.

ORCC has committed to going above the request so will be offering both a lunch program and an evening meal along with drop-in hours and programming. Lunch will be served from 12-2pm (Mon-Fridays and Saturdays) and supper from 5-7pm (Monday-Friday and Sundays). The program is currently in transition with ORCD having moved to St. John's for evening meals with meals from 5:30-6:30pm. The lunch meal will be organized through the Community Training and Development Centre's Culinary Training Program (7 training session per year with 16 participants). Support from faith groups, organizations, volunteers etc., will still be key to success.

Seeds of Change will be hosting Christmas Dinner at Emmanuel United Church – East with festivities starting at 3pm and dinner at 5pm. Donations (financial, food, gifts) are being accepted. ORCD will offer a Boxing Day meal. Sunday evening dinners including New Year's Day will be held at Emmanuel United Church East.

Carolyn distributed updated copies of the PFAN Community Meal Guidelines for posting. Additional copies are available by emails [cdoris@peterboroughpublichealth.ca](mailto:cdoris@peterboroughpublichealth.ca).

#### 4.4 Food Charter Update (Carolyn)

A group of volunteers have met to incorporate changes/suggestions from the September Food Charter Consultation meeting. The group is meeting again in late January for additional edits and to discuss next steps. Dr. Salvaterra recommended providing an update to the Board of Health. Consultation with the agriculture sector is also being considered.

#### 4.5 PPRN Update (Elisha)

Community Activation Grants of up to \$500 are available to PPRN work groups for one or more projects. It was agreed that \$250 of PFAN's grant would be applied for to support a Basic Income Pilot Consultation in Peterborough in partnership with the Income Security Workgroup, Nourish and Peterborough Social Planning Council. It was agreed that the PFAN work plan will be reviewed at an upcoming meeting to determine other key activities requiring funding.

PPRN has formed a Funding Sustainability and a Governance Committee. Working group members are welcome to participate. PPRN is planning Round Table meetings that will bring working groups together (Note: PFAN is one of 6 PPRN Working Groups).

#### 4.6 Bill 6 Update (Carolyn)

As discussed, a letter of support for Bill 6 was submitted to the Clerk of the Standing Committee for Social Policy from PFAN.

### **5.0 New Business**

#### 5.1 Food Cooperative Credit Program: By the Bushel Community Food Cooperative Presentation (Jocelyn Whalen, Trent University)

Jocelyn Whalen shared her student project for By The Bushel Food Co-operative on a co-op credit program based on a program model used by the West End Food Co-op in Toronto. Through this program, volunteers within the Co-op and other partner community

organizations are able to gain skills through placements and then exchange work credits towards access and purchase of healthy foods at the co-op's store. Volunteers also receive a free co-op membership. Once a week each person works a three-hour shift and their work is worth the equivalent of \$13 towards credits. Through organizational placements, participants relearn a wide variety of skills: food literacy, food preparation, retail skills, urban gardening and land stewardship, workshop facilitation and health literacy. These credits do not impact social assistance rates. Some local organizations were contacted as part of the project and indicated their interest in further exploring this type of partnership. Financial support for the approximately \$8000 cost of the co-op credit program (i.e., food, administration, staffing) comes from in-store donations (i.e. co-op members can donate their 2% saving) donations from organizations, fundraising and grants. Considerations for implementation of such a program in Peterborough includes program cost, number of participants, interested partners and potential placements, capacity and hiring staff to administer the program.

#### 5.2 Public Realm Projects: Charlotte St. / Urban Park at Louis St. Parking Lot (Carolyn)

Carolyn shared that the City of Peterborough is currently holding consultations on public realm projects that include the redevelopment of Charlotte St, Bethune Street and the Louis St Parking Lot. It was agreed that PFAN would provide comments on the current design related to access to healthy food and in particular, recommend that needs of farmers from the Downtown Farmers Market be seriously considered in any re-development. Including fruit and nut trees should also be part of the plans and it should be noted that Peterborough Gleans is active in the community. Comments can be submitted on design plans by January 13, 2017.

[http://www.peterborough.ca/Business/Studies/The\\_Urban\\_Park\\_at\\_Louis\\_Street.htm](http://www.peterborough.ca/Business/Studies/The_Urban_Park_at_Louis_Street.htm)

#### 5.3 [Maple Leaf Centre for Action on Food Security](#) (*web hyperlink*) (Carolyn)

Carolyn noted this new group has formed recently with funding for food security projects.

[www.feedopportunity.com](http://www.feedopportunity.com)

## 6.0 Round Table Themes

### 6.1 Income Equity/Advocacy

*(PPRN; Income Security Work Group; Nutritious Food Basket; Basic Income Guarantee)*

The Basic Income Peterborough Network is planning a local consultation on the Ontario Basic Income Pilot in January. Currently the province is holding consultations and accepting comments [on-line](#) until January 31, 2017.

Mary Ann Martin presented on her research with low-income mothers in Peterborough at the national Advancing Food Insecurity Research conference in November 2017. Mary Ann has offered to share research findings at an upcoming PFAN meeting.

### 6.2 Emergency Food/Community Meals/Community Food Hub/Food Programs

*(Kawartha Food Share; Faith Community members; Nourish Project; JustFood; Collective Kitchens; Gleaning; City of Peterborough)*

In 2016, Peterborough Gleans supported participants in accessing over \$21,000 worth of local vegetables and fruit.

Nourish is preparing to scale up their work in 2017 in the City, Curve Lake, Havelock and Lakefield. Three-year funding will support this work to further develop a network of places for food and food security.

### 6.3 Urban Agriculture/Farming/Local Food

*(PCGN; Farms at Work; Sustainable Peterborough; Farmers Markets; Peterborough Eats; By the Bushel; Seasoned Spoon; Kawartha Choice)*

The Urban Agriculture Committee is finalizing the Urban Agriculture document that will be submitted to the City and available.

A Local Food Association Start Up Organization Meeting will be held on Monday, January 23rd (Meet & Greet- 4pm, meeting from 4:30-6:30pm) at Peterborough Economic Development, 210 Wolfe Street. If interested in participating, please RSVP to Andrea Connell [connellandrea@gmail.com](mailto:connellandrea@gmail.com).

### 6.4 Food Policy

*(PSPC; Municipal Update; Community Social Plan; Healthy Communities/Partners in Wellness)*

The City is moving forward with the new Animal Control by-law that will allow for keeping chickens (up to 6 hens, no roosters) within the city. More information regarding a consultation will be shared with PFAN members when available.

Nourish will be continuing its Nourish Food Series (presentations on a variety of food security, food justice etc) in 2017. If PFAN members have ideas of topics or speakers, please contact Joëlle Favreau at [jfavreau@ywcapeterborough.org](mailto:jfavreau@ywcapeterborough.org).

Jill Bishop noted that [Sustain Ontario](#) has a number of networks including community gardens, municipal policy, food justice and edible education. PFAN is a member if anyone is participating.

## 7.0 Other

### 8.0 Agenda Items for January 19, 2016

- Potluck
- Workplan
- Basic Income Pilot Consultation
- Water Access for Community Gardens
- Viewing of PROOF Conference Plenary Sessions (during 2017 meetings)

### 9.0 Meeting Highlights for Email Notice

1. The updated PFAN Guiding Principles for Community Funded Meals are now available for posting in local Community Meal sites and kitchens. Laminated copies are available from Carolyn (cdoris@peterboroughpublichealth.ca) or at the January PFAN meeting.

2. The One Roof Community Diner has moved to St. John's Anglican Church. The new Community Meal Program, One Roof Community Centre will launch on January 7, 2017 with plans to be open from noon to 7pm Monday to Friday for lunch and dinner, lunch on Saturdays and dinner on Sundays. Visit [www.warmingroom.ca/oneroof](http://www.warmingroom.ca/oneroof) for more information. The Peterborough Social Services Community Food Calendar continues to be updated regularly.
3. Basic Income Pilots are currently underway across Ontario. A public survey is available [here](#). Stay tuned for information about an upcoming Basic Income consultation in January.
4. Peterborough Gleans shared that over \$21,000 of fresh vegetables and fruit was gleaned in 2016.
5. The City of Peterborough is currently accepting comments until January 13, 2017 on both the Charlotte Street Streetscape and Louis Street Urban Park. PFAN will submit comments related access to healthy food. Public members are also invited to provide input on both projects. For more information and to see designs click [here](#).
6. Have an idea for a Nourish Food Series topic or speaker? Contact Joëlle at [JFavreau@ywcapeterborough.org](mailto:JFavreau@ywcapeterborough.org).
7. Sustain Ontario has a number of networks on topics of interest to PFAN members (i.e., Food Justice, Community Gardens, Edible Education). Visit Sustain Ontario for more information.
8. Congratulations to Mary Anne Martin, PhD Candidate who presented on her research about low-income mothers living in Peterborough at the Advancing Food Insecurity Research in Canada Conference in November. Mary Anne will share her research at an upcoming PFAN meeting.
9. A Local Food Association Start Up Organization Meeting will be held on Monday, January 23rd (Meet & Greet- 4pm, meeting from 4:30-6:30pm) at Peterborough Economic Development, 210 Wolfe Street. If you're interested in attending, please RSVP to Andrea Connell [connellandrea@gmail.com](mailto:connellandrea@gmail.com).

## **10.0 Adjournment**

### **Parked Items**

### **Future Items**

*PFAN meetings take place the third Thursday of every month at Peterborough Public Health, Dr. J. K. Edwards Board Room (3rd Floor), 185 King Street from 1 – 2:30 p.m. Please submit your agenda items to Alida Gorizzan ([agorizzan@peterboroughpublichealth.ca](mailto:agorizzan@peterboroughpublichealth.ca)) no later than one week prior to the meeting for inclusion in the circulated package. Meeting agendas and minutes for the PFAN are posted in the 'Create Change' section of the [Food in Peterborough](#) web site.*

*Any community member or organization is welcome to submit relevant updates which may be shared as part of the 'Round Table' section. The organizations listed below each heading are examples of each theme or grouping, and are not meant to be exclusive. If you cannot attend a meeting to provide your update, please submit them via e-mail to Alida Gorizzan.*