

## Peterborough Food Action Network (PFAN)

### MEETING MINUTES

Thursday, February 16, 2017

1:00 to 2:30 p.m.

**Location: Anstruther and Buckhorn Lake Rooms, 2<sup>nd</sup> Floor  
Peterborough Public Health, Jackson Square, 185 King Street**

**Attendees:** Peter Hughes, Dan Hennessey, Sharon Cadman, Mary Anne Martin, Lori Sainte, Dorothy Boddy, Linda Midford, Nizanthan Rathithavan, Elisha Rubacha, Ruth Schuumaker, Erica Richmond, Claire Hanlon, Elizabeth Roffey, Deanna Moher, Judy Stanley, Janice McCue, Joan Higgins, Barb Diceman, Katty English (Recorder), Carolyn Doris (Interim Chair)

#### **1.0 Welcome and Introductions**

#### **2.0 Approval of Agenda**

Approved as circulated.

#### **3.0 Approval of Minutes – January 19, 2017 (attachment)**

Approved as circulated.

#### **4.0 New Business**

##### **4.1 Research Project Presentation**

Mary Ann Martin presented on her PhD research *“Can Beggars Be Choosers? Mothers on low incomes navigating family food needs, consumer choice and expectations placed on low income people”*. Research methods included interviews (with mothers and community food initiative representatives) and tours of a community food initiative (CFI) followed by a debriefing. Mothers must often wear three hats – the good mother hat, the consumer hat and the participant hat. Money, love and health were key emerging themes. Household food work is still feminized and low-income mothers spend more time accessing food. A disconnect between what a mother wants to feed her child and what is feasible leads to food insecurity, judgment, compromising dignity. Many women referenced using coupons or vouchers from programs. CFI can be an opportunity to learn, connect and support each other. Mothers participate in “emotional labour” through food by showing love and working to keep harmony.

#### **5.0 Business Arising from the Minutes**

##### **5.1 Basic Income Vignettes**

Joëlle shared two Basic Income Vignettes on income security and food insecurity. Nourish will continue to make these short videos to share the voice of different community members (business sector, artists, community members with lived experience). There will be discussion on how to best share this material in the community. **ACTION: Contact [jfavreau@ywcapeterborough.org](mailto:jfavreau@ywcapeterborough.org) if you are interested in being video-taped.**

## 5.2 Reminder – Volunteering for Work Plan Committees (Carolyn)

Attendees were advised that if interested, they could sign up for work plan committees on the attendance sheet.

## 6.0 New Business

### 6.1 Food Charter Update (Carolyn)

The draft food charter was reviewed in the meeting, and will be shared with the Peterborough Economic Development Agricultural Advisory Committee. It will then be revisited by the Board of Health. There is a need to determine next steps for encouraging implementation of the charter across community organizations.

## 7.0 Round Table Themes

### 7.1 Income Equity/Advocacy

*(PPRN; Income Security Work Group; Nutritious Food Basket; Basic Income Guarantee)*

- BIG consultation took place at Emmanuel East United Church on January 26<sup>th</sup>. Unlike other provincially run consultations, Peterborough's included a small table discussion on what other campaigns/changes are necessary in addition to BIG. Notes from this event and pop-up consultations were consolidated by Nourish staff into a report and sent to the Ontario government. Nourish is working to engage young community members, a pilot announcement is expected in the spring.

### 7.2 Emergency Food/Community Meals/Community Food Hub/Food Programs

*(Kawartha Food Share; Faith Community members; Nourish Project; JustFood; Collective Kitchens; Gleaning; City of Peterborough)*

- Seeds of Change will host a community meal on March 29, volunteers are needed for food prep March 27-29.
- On behalf of Jill, there are to be a series of canning and growing workshops, as well as a 3-part community cultivators training series.
- Peterborough Community Food Calendar can be accessed through Food in Peterborough > Need Food > Now > Free City Meals
- May 16: Nourish Food Series will have sustainable diets speaker Barbara Seed (Dietitian from BC who worked on Qatar sustainable food guide)

### 7.3 Urban Agriculture/Farming/Local Food

*(PCGN; Farms at Work; Sustainable Peterborough; Farmers Markets; Peterborough Eats; By the Bushel; Seasoned Spoon; Kawartha Choice)*

- Water for city gardens still at a standstill.
- Urban Agriculture report to be submitted to Sustainable Peterborough work group (working to increase urban agriculture in the City and County).

### 7.4 Food Policy

*(PSPC; Municipal Update; Community Social Plan; Healthy Communities/Partners in Wellness)*

- Survey still open to provide input on city bylaws re: urban hens.
- Food Charter to be reviewed by Agricultural Advisory Committee and BOH

## **8.0 Other**

### **9.0 Agenda Items for March 15, 2017**

- Mix up re: St. Paul's organizing Sunday One Roof meals
- What to do with remaining \$250 of Community Activation Fund

### **10.0 Meeting Highlights for Email Notice**

1. Mary Ann Martin presented on her PhD research on low-income mothers in Peterborough. Mothers must often wear 3 hats – the good mother hat, the consumer hat and the participant hat. Household food work is still feminized and low-income mothers spend more time accessing food. A disconnect between what a mother wants to feed her child and what is feasible leads to food insecurity, judgment from others and having to compromising dignity. There will be upcoming opportunities for PFAN members to discuss next steps and recommendations. Contact Mary Anne at [marymartin2@trentu.ca](mailto:marymartin2@trentu.ca) to further discuss her research findings.
2. If you would like to connect with Mary Ann to discuss her research further her email is [marymartin2@trentu.ca](mailto:marymartin2@trentu.ca)
3. Basic Income Peterborough Network and Nourish continue to gather people's stories about "what a Basic Income would mean to me". If you would like to participate in one of these videos, connect with Joëlle at [JFavreau@ywcapeterborough.org](mailto:JFavreau@ywcapeterborough.org)
4. The draft Food Charter was reviewed. If you have any other thoughts or ideas for next steps, contact Carolyn Doris at [cdoris@peterboroughpublichealth.ca](mailto:cdoris@peterboroughpublichealth.ca)
5. Meetings for PFAN Workgroups are being organized for March 2017. If you're interested in being involved with a workgroup, contact Carolyn at [cdoris@peterboroughpublichealth.ca](mailto:cdoris@peterboroughpublichealth.ca). If interested in Nourish Working Groups, contact Joëlle at [JFavreau@ywcapeterborough.org](mailto:JFavreau@ywcapeterborough.org).

Proposed dates include:

- Need Food – Thursday, March 2, 2017,
  - Get Involved – March 8 or 9th and
  - Create Change – Wednesday, March 8, 2017.
6. Seeds of Change will be hosting a Community Dinner on March 29. Volunteers are needed on March 27, 28 and 29. Donations will be accepted. For more information, contact Elisha at [elisha@seedsofchangeptbo.org](mailto:elisha@seedsofchangeptbo.org).
  7. Nourish is hosting a number of events including Broth Making (February 21 & 22), Pickling Root Crops (Feb. 27), and a Community Cultivator Training Series (Feb. 23, March 9 and March 23). To register visit <http://nourishproject.ca/events>

8. Seedy Sunday will be held on Sunday March 12, 2017 from noon to 5pm at Emmanuel East United Church, 534 George Street North, Peterborough. For more information visit <http://urbantomato.ca/learn/seedy-sunday-peterborough/>
9. The City of Peterborough will be gathering [public feedback](#) on Urban Hens until February 24, 2017. Paper copies of the survey are available in the lobby of City Hall, 500 George Street North.
10. The Nourish Food Series on **May 16<sup>th</sup>** will focus on sustainable diets with Barbara Seed, a Registered Dietitian from British Columbia who worked on the Qatar sustainable food guidelines.

#### **11.0 Adjournment**

The meeting was adjourned at 2:30pm.

#### **Parked Items**

#### **Future Item**

*PFAN meetings take place the third Thursday of every month at Peterborough Public Health, Dr. J. K. Edwards Board Room (3rd Floor), 185 King Street from 1 – 2:30 p.m. Please submit your agenda items to Alida Gorizzan ([agorizzan@peterboroughpublichealth.ca](mailto:agorizzan@peterboroughpublichealth.ca)) no later than one week prior to the meeting for inclusion in the circulated package. Meeting agendas and minutes for the PFAN are posted in the 'Create Change' section of the [Food in Peterborough](#) web site.*

*Any community member or organization is welcome to submit relevant updates which may be shared as part of the 'Round Table' section. The organizations listed below each heading are examples of each theme or grouping, and are not meant to be exclusive. If you cannot attend a meeting to provide your update, please submit them via e-mail to Alida Gorizzan.*