

Peterborough Food Action Network (PFAN)

MINUTES

Thursday, September 21, 2017

1:00 to 2:30 p.m.

**LOCATION: Dr. J. K. Edwards Board Room, 3rd Floor
Peterborough Public Health, Jackson Square, 185 King Street**

Attendees: Carolyn Doris (Chair/Recorder), Ruth Schumaker, Dorothy Boddy, Lori Sainte, Joëlle Favreau, Chris Kawalec, Mary Anne Martin, Marie Bongard, Ashlee Aitken, Elisha Rubacha, Erica Richmond, Lyn Miller, Christian Harvey, Trent Nursing Students completing Community Placement with Kawartha Food Share

1.0 Welcome and Introductions

2.0 Approval of Agenda

Approved with the addition of Ontario Food Security Strategy update (Business Arising)

3.0 Approval of Minutes – June 15, 2017 (attachment)

Approved as circulated.

4.0 Business Arising from the Minutes

4.1 Federal Food Policy Strategy

Joëlle provided an update on the “A Food Policy for Canada” consultation hosted by Maryam Monsef, MP on September 15, 2017. Approximately 80 people attended including students from St. Alphonsus School. The format was similar to other conversations hosted by MP Monsef with a sharing of how people are involved in the topic and 3 questions that were discussed at tables with responses shared with larger group. Questions focused on food access, the environment and agriculture from the [consultation guide](#). A report will be prepared and shared with the federal Minister of Agriculture & Agri-Food Canada.

PFAN members are encouraged to send additional comments by email to Maryam.Monsef@parl.gc.ca or by visiting <https://www.canada.ca/en/campaign/food-policy/have-your-say.html>.

5.0 New Business

5.1 Review Work Plan (Carolyn/Joëlle)

A separate working meeting will be scheduled in October (prior to the October PFAN meeting) to finalize the work plan. If you are interested in attending, email Carolyn at cdoris@peterboroughpublichealth.ca

5.2 [Plan It Peterborough Survey](#)

Both the City and [County of Peterborough](#) are moving forward with the development of Official Plans. The City launched a survey to gather input from the community on Official Plan themes. Opportunities to provide input on the topic of increasing access to healthy food will be shared with PFAN members.

5.3 [World Food Day – October 16, 2017](#)

The Nourish Speaker Series will feature Josephine Grey from Toronto's Low Income Families Together (LIFT) speaking on the topic of Basic Income and the Right to Food on World Food Day, October 16 from 7-8:30pm, 2nd Floor, Peterborough Public Health. All are welcome to attend.

Emmanuel United Church and Nourish will also be raising awareness of the Chew On This Campaign and International Day for the Eradication of Poverty (October 17) at this event. People will be encouraged to take information home from the presentation on October 16th and to share something they learned from the talk about food insecurity. Lynn M and Ashlee A., Kawartha Food Share will connect re: apples for the Chew On This bags.

Also, LEAP will be focusing their discussion on Basic Income at their evening meeting on October 17 at Trinity United Church.

6.0 [Round Table Themes](#)

6.1 [Income Equity/Advocacy](#)

(PPRN; Income Security Work Group; Nutritious Food Basket; Basic Income Guarantee)

Mary Anne Martin, PhD candidate and PFAN member will be presenting "*Sometimes I Feel Like I'm Counting Crackers*" based on her research with low-income mothers in Peterborough On Friday, September 22 from 1-3pm, 2nd Floor, Peterborough Public Health. All are invited to attend.

Mary Anne also shared the Nourishing Communities Research Group has published a book, including a chapter based on the Peterborough Case study exploring the tensions between household food insecurity and housing has been published. An excerpt is available [here](#).

The One Roof Community Center will be hosting Naomi Nichols, a McGill researcher for on Friday, September 30 at The Parish (Monaghan Road at Cameron Street) on the topic ***Is Shelter a Right?*** An afternoon workshop will be held for service providers and an evening session for the public will be held from 6-8pm. For more information or to register, contact Christian at Christian@warmingroom.ca.

The [Ontario Basic Income Pilot](#) is underway with participants being selected in Hamilton (including Brantford and Brant County) and Thunder Bay. The Pilot will now be seeking participants in Lindsay.

6.2 Emergency Food/Community Meals/Community Food Hub/Food Programs

(Kawartha Food Share; Faith Community members; Nourish Project; JustFood; Collective Kitchens; Gleaning; City of Peterborough)

Lori Sainte, Peterborough Gleans Coordinator has been able to organize 17 bus and a few car trips this growing season. There has not been enough funding for all possible trips so they have had to pass up opportunities. There are more than 20 neighbourhood groups participating in Peterborough Gleans this year.

Gleaners had the opportunity to share picked corn with Kawartha Food Share which was appreciated as fresh produce donations have been greatly reduced. Lori anticipates that they will still have 3 more trips for specific items (i.e., pumpkins, squash, tomatoes, apples). The cost for 1 bus trip is \$130. If groups are able to contribute towards additional bus rentals, contact Lori at gleaning@nourishproject.ca.

Ashlee Aitken, Kawartha Food Share (KFS) noted that they have not been receiving fresh produce donations as in the past. They previously received 6 to 10 skids weekly from Sobey's – Durham. Sysco donations of produce and protein have also stopped because they now have alternate distribution through Almost Perfect stores. Ashlee noted that she has had discussions with Almost Perfect about past date foods that cannot be retailed through their stores to see if they could be distributed through KFS. Metro is starting a pilot with food banks to distribute food but Peterborough is not part of the current pilot although there is interest from the local Metro store. There have been some recent donations of produce by local farmers. KFS food drives over the summer were successful and they will be holding food drives leading up to Thanksgiving.

Christina Harvey, One Roof Community Centre (ORCC) shared that they are serving 7000 meals each month; the number of meals has grown consistently since opening but appears to now be levelling off. Partnerships are key; many outside groups are sponsoring meals with high food standards and the VON 360 Clinic Nurse Practitioners are providing health care appointments. It was shared at a recent meeting that people are coming back for follow-up medical appointments. Balancing a space where everyone has access and a safe environment is important and staff continues to find ways to keep people accountable yet ensure people are not excluded. The employment training component, coordinated by Community Training and Development Centre, coordinates 4 of the 5 lunchtime meals each week and has successfully graduated many trainees. Volunteer training continues and includes many participants along with community members.

Joëlle Favreau, Nourish Project, shared that the Just Food Staples box (mix of fresh produce and non-perishable food) has declined and they will be investigating a new approach including the idea of exploring 1 or 2 "pop up markets" at seniors buildings to see the impacts of people choosing their own food vs receiving a box of food items. Just Food evaluations have shown that people do like trying different food items that allows them to "expand their palates".

Nourish Curve Lake launched a farmers market in September with support of the farmers from the Wednesday Downtown Farmers Market. The idea for the market came from a dinner with the community earlier this year. The market will run until late November/December and then be evaluated. Nourish will connect with Christian Harvey, ORCC to see if Nourish pop-up markets would be of interest to ORCC participants.

Chris Kawalec noted that he is working with the Salvation Army to see what supports are needed to continue the Monday-Friday breakfast (approx. 30-50 people attend 5 days per week) while they gather donations for the Christmas hamper program. Ashlee Aitken shared that Kawartha Food Share may be able to assist with storage space.

It was noted how important it is to move along the food security continuum from meeting immediate needs to increasing capacity and advocacy for broader system change to impact lives.

6.3 Urban Agriculture/Farming/Local Food

(PCGN; Farms at Work; Sustainable Peterborough; Farmers Markets; Peterborough Eats; By the Bushel; Seasoned Spoon; Kawartha Choice)

Key items were discussed in other roundtable items.

6.4 Food Policy

(PSPC; Municipal Update; Community Wellbeing Plan; Healthy Communities/Partners in Wellness)

At the [September 2017 City Council](#) meeting, council moved to ban backyard hens in Peterborough and remove them from the Comprehensive Animal By-law despite many presentations and a [survey](#) supporting backyard hens.

The Seasoned Spoon is planning a meeting in January to discuss key food policy themes that all municipal candidates could be asked to respond to so that citizens know where candidates position themselves regarding food. Marie Bongard noted that candidates must register by September for the October 2018 election.

Chris Kawalec, City of Peterborough, shared information about the Community Wellbeing Plan that was recently launched. This plan, based on the Canadian Index of Wellbeing, will replace the Community Social Plan and will focus on healthy communities. Visit www.peterborough.ca/ptbowellbeing to learn more and to respond to an on-line survey that will be open until October 6, 2017.

Municipal staff are attending training sessions, developed by Tamarack, to increase their skills/ability to do outreach with this new plan. Elisha Rubacha recommended that this should be shared with the public.

7.0 Other

The 5th Annual Seniors' summit, [Grey Matters: Health Minds](#) for Healthy Aging, will be held on October 26, 2017 at Trent University (Gzowski College) from 9am to 4:30pm. Tickets can be ordered [here](#).

8.0 Agenda Items for October 19, 2017

9.0 Meeting Highlights for Email Notice

1. PFAN members are encouraged to send additional comments regarding the proposed National Food Policy to Maryam Monsef, MP by email Maryam.Monsef@parl.gc.ca or by visiting <https://www.canada.ca/en/campaign/food-policy/have-your-say.html>
2. The Nourish Speakers Series will host Josephine Grey, founder of Low Income Families Together (LIFT) speaking on the topic of ***Basic Income and the Right to Healthy Food*** to mark World Food Day on October 16, 2017, 7-8:30 pm, 2nd floor, Peterborough Public Health (see attached poster)
3. Mary Anne Martin, PhD candidate and PFAN member will be presenting "Sometimes I Feel Like I'm Counting Crackers" based on her research with low-income mothers in Peterborough On Friday, September 22 from 1-3pm, 2nd Floor, Peterborough Public Health. For more information or to receive a copy of the report, email marymartin2@trentu.ca.
4. Nourishing Communities Research Group has published a book, including a chapter based on the Peterborough Case study exploring the tensions between household food insecurity and housing has been published. An excerpt is available [here](#).
5. The One Roof Community Center will be hosting Naomi Nichols, a McGill researcher for on Friday, September 30 at The Parish (Monaghan Road at Cameron Street) on the topic ***"Is Shelter a Right?"*** An afternoon workshop will be held for service providers and an evening session for the public will be held from 6-8pm. For more information or to register, contact Christian at Christian@warmingroom.ca.
6. Peterborough Glens are hoping to offer more gleaning trips this fall. If you are able to provide funding for additional trips, contact Lori, Gleaning Coordinator at 705-749-9977 or email gleaning@nourishproject.ca.
7. The Community Wellbeing Plan on-line survey is open until October 6, 2017. Please share your thoughts at www.peterborough.ca/ptbowellbeing.
8. The 5th Annual Seniors' summit, [Grey Matters: Health Minds](#) for Healthy Aging, will be held on October 26, 2017 at Trent University (Gzowski College) from 9am to 4:30pm. Tickets can be ordered [here](#).
9. Upcoming "Meet Your Needs Days" in the County of Peterborough are planned. (poster will be sent)

10. Interesting in contributing to the PFAN Workplan Meeting in October? Email cdoris@peterboroughpublichealth.ca for more information.

10.0 Adjournment

Parked Items

- Urban Ag. Committee Report / Review Work Plan (from May 2017)

Future Items

PFAN meetings take place the third Thursday of every month at Peterborough Public Health, Dr. J. K. Edwards Board Room (3rd Floor), 185 King Street from 1 – 2:30 p.m. Please submit your agenda items to Alida Gorizzan (agorizzan@peterboroughpublichealth.ca) no later than one week prior to the meeting for inclusion in the circulated package. Meeting agendas and minutes for the PFAN are posted in the 'Create Change' section of the [Food in Peterborough](#) web site.

Any community member or organization is welcome to submit relevant updates which may be shared as part of the 'Round Table' section. The organizations listed below each heading are examples of each theme or grouping, and are not meant to be exclusive. If you cannot attend a meeting to provide your update, please submit them via e-mail to Alida Gorizzan.