

## Peterborough Community Food Network (PCFN)

### MEETING MINUTES

Thursday, February 19, 2014

1:00 to 2:30 p.m.

St. John's Anglican Church, St. Nicholas Hall

*(Meeting room located on the main floor adjacent to the Church Office)*

**Attendees:** Joëlle Favreau, Bill Smith, Lori Sainte, Chris Kawalec, Dorothy Boddy, Ian Whatley, Tamara Mann, Marie Bongard, Todd Barr, Carolyn Doris, Dr. Rosana Pellizzari (Chair), Alida Tanna (Recorder), Lyn Miller, Mary Anne Martin, Anna Maria Buxton.

#### **1.0 Welcome and Introductions**

Dr. Pellizzari called the meeting to order and introduced Ian Whatley, a fourth-year University of Toronto medical student completing a placement with the Health Unit.

#### **2.0 Approval of Agenda**

The agenda was approved as circulated.

#### **3.0 Approval of Minutes – November 20, 2014**

The minutes were approved as circulated.

#### **4.0 Business Arising from the Minutes**

##### 4.1 Review Action Items from the Previous Meeting

The following was noted with respect to the previous meeting:

- *CMHA* – Carolyn connected with Bill Smith who has attended the last two PCFN meetings.
- *Township Presentations* – Presentations have been booked with all townships and with the Joint Services Steering Committee over February and March, Chris Kawalec is presenting as well.
- *ReFrame* – The ReFrame events were a success; the [panel](#) featuring Jill Bishop, Wayne Roberts, Ryan DeCaire, Joëlle Favreau and Carolyn Doris. PCFN cards were provided which included a packet of seeds, over 500 were distributed over the festival. It was noted that participating in more events would be beneficial for the PCFN.
- *Statutory Meals* – Chris advised that all dates for 2015 were covered with the exception of Good Friday, Christmas Day, and New Year's Day (2016). **ACTION: Alida to include request in PCFN meeting highlights e-mail to be circulated shortly after the meeting.** It was noted that George St. United prepared the Christmas meal last year; organizers are writing a paper based on the experience.
- *World Food Day 2015* – The following members volunteered for a working group for this event: Lyn, Tamara, Joëlle, Mary Anne, Carolyn and Dr. Pellizzari. The theme for 2015 is *soil*.

#### **5.0 New Business**

##### 5.1 Workplan Activities

A [user-friendly version](#) of the work plan was circulated and is also posted on the site. A number of working groups will be required to move actions forward. These include:

- World Food Day (2015) Planning (see previous item);

- Review and update the PCFN submission for the last Official Plan (Plant It);
- Supporting local food procurement with community partners; and,
- Update the PCFN Community Program Map.

**ACTION: If any members are interested in participating in one of these workgroups, please contact Carolyn Doris at 705-743-1000 ext. 251 or cdoris@pcchu.ca.**

Other discussion related to the work plan

- There was discussion regarding rooftop gardens. It was noted that an urban agriculture subgroup of Sustainable Peterborough will be looking at this further. PCFN members who participate on Sustainable Peterborough working groups include Dr. Pellizzari, Joëlle Favreau, Jill Bishop and Carolyn Doris.
- Chris noted that the Municipality of Trent Lakes has struck a new Community Development Committee by amalgamating a number of older ones. Chris has invited Carolyn to ensure that food/public health issues are included, and Nourish will be linked as well. The Committee is developing terms of reference, the hope is that once it is established, it could be a model for other Townships.
- The need for public transportation on statutory holidays was noted. **ACTION: Carolyn to add to work plan.** Chris is working on this with City transportation manager.
- A meeting/presentation to the Kawartha Food Share Board will be scheduled. **ACTION: Carolyn to add to the work plan, and request a meeting with Henry Clarke first.**

## 5.2 Evaluation Session Recap

- It was noted that a definition for food literacy is required as it the term comes up often. **ACTION: Carolyn will develop this and bring it to the next meeting for further discussion.**
- The group discussed changing the name of the PCFN to the Peterborough Community Food Security Network. **ACTION: This item will be brought back to the next meeting for further discussion.**
- Storytelling is an effective way to raise awareness of food security. Various community groups have used these in the past (e.g. Kawartha Sexual Health Centre, PSPC). The PPRN is working on a similar project. **ACTION: Dr. Pellizzari will raise this at the next PPRN meeting to ensure that food security is included/addressed.**
- To address barriers to attending meetings, the PCFN has investigated alternate locations that are more accessible and will be changing its meeting location as of March to All Saints Anglican Church. **ACTION: Dr. Pellizzari will take this matter to the PPRN as this should be work they do on behalf of all its committees).**
- There were no additional volunteers to review the meeting highlights email that will be issued shortly after each meeting. **ACTION: Alida to draft, Dr. Pellizzari and Carolyn to review.**
- The PCFN needs to have further discussion on its public policy priorities (e.g., guaranteed annual income).

### 5.3 Community Food Security Discussion

Kim Dolan from PARN was invited for this discussion however could not attend. **DECISION: This item will be deferred until the March meeting.**

### 5.4 Nutritional Supplement Distribution

A community member contacted Carolyn regarding this matter. Nutritional supplements (e.g., Boost, Ensure) are supplied to Kawartha Food Share, however may not get distributed to members of the community who have a medical need for them. She was hoping to set up a distribution network for them. It was noted that Lighthouse does receive the supplements from KFS and offers them as a regular item to visitors. **ACTION: Members were asked to provide Carolyn with any further distribution ideas that she can pass along.**

## 6.0 Round Table Themes

### 6.1 Income Equity/Advocacy

(PPRN; Income Security Work Group; NFB)

- The PPRN held its Strategic Plan session last Friday. Their new plan is based on the framework of the Food Security Continuum (Need Food, Get Involved, Create Change) plus one additional theme. Joëlle presented on food security on behalf of the PCFN at the session.
- It was noted that the PCFN is the only workgroup with a work plan.
- The PPRN would like all workgroups to identify 3-5 priorities for the next 5 years.  
**ACTION: This discussion will be scheduled for the next meeting.**

### 6.2 Emergency Food/Community Meals

(Kawartha Food Share; Faith Community members)

- A Food and Farming Summit will take place in late March. The PCFN has been invited to present, the Plant It document will be presented. The Food For Kids program will present on a Farm to School project funded by the Greenbelt Foundation.
- Carolyn advised that a few meetings have taken place on backyard hens. Attendees included the Health Unit, the City and the OSPCA. Public Health will submit a report to the City for consideration which the City Solicitor will review, however there will be funding and enforcement implications.
- Seedy Sunday takes place on March 1<sup>st</sup> at George Street United Church from 1-5pm.  
**ACTION: PCFN members were encouraged to provide Jill with feedback on the seed swap.**
- The TCCBE is hosting a Community Innovation Forum: Knowledge and Talent in Action on March 26, 2015 from 12:30 – 5pm. The forum will showcase the past year's community-based research projects, and will include food-related projects that may be of interest to PCFN members. **ACTION: Todd to provide Alida with further detail to circulate to the network.**

### 6.3 Urban Agriculture/Farming

(PCGN; Farms at Work; Sustainable Peterborough)

No update.

#### 6.4 Local Food Promotion/Procurement/Distribution

(Farmers Markets; Peterborough Eats; By the Bushel; Seasoned Spoon; Kawartha Choice; Schools-Post Secondary)

No update.

#### 6.5 Community Food Hub/Food Programs

(Nourish Project; JustFood; Collective Kitchens; Gleaning)

- Members of the PFB working group have developed the following goals:
  - Develop local campaigns to educate the community around poverty and increase their overall voice, visibility & presence in the community;
  - Pursue opportunities for people on social assistance to earn additional income; and
  - Develop local capacity to participate in the 'Big Push' campaign for a Basic Income Guarantee.
  - **ACTION: Members interested in joining one or a couple of these campaigns were asked to contact Joëlle. Joëlle to provide details to Alida for the meeting highlights e-mail.**

#### 6.6 Food Policy

(PSPC; Municipal Update; Community Social Plan; Healthy Communities/Partners in Wellness)

- A forum hosted by Partners in Wellness was held on February 11<sup>th</sup> to look at Neighbourhoods in Action activities. The planning group for this event is meeting tomorrow to follow up and plan another day of conversation. Several speakers from the City of Hamilton were present to discuss the City's [Neighbourhood Development Strategy](#).
- Joëlle is preparing an application for funding for peer advocacy training, she requested a letter of support from the PCFN. **DECISION: Approved. ACTION: Joëlle to draft support letter for Dr. Pellizzari's signature.**

#### 6.7 Food-Related Social Enterprises

(Peterborough Eats; CSA Farms, Seasoned Spoon; LETS, TTP/Purple Onion Festival)

No update.

### 7.0 Other

#### 8.0 Agenda Items for March 19, 2015

- Food Literacy
- PPRN Strategic Plan

#### 9.0 Meeting Highlights for Email Notice

- Statutory Holiday Meals
- Workplan
- Put Food in the Budget
- Upcoming Events (Seedy Sunday)

## **10.0 Adjournment**

The meeting was adjourned at 2:20 p.m.

### **Parked Items**

- PCFN Co-Chair (Pellizzari)

### **Future Items**

- Social Assistance Reform/Provincial Advocacy on Food Security

### **Meetings for Remainder of 2015**

*March 19, April 16, May 21, June 18, July 16, August 20, September 17, October 15, November 19, December 17.*

*PCFN meetings take place the third Thursday of every month at St. John's Anglican Church, St. Nicholas Hall from 1 – 2:30 p.m. Please submit your agenda items to Alida Tanna ([atanna@pcchu.ca](mailto:atanna@pcchu.ca)) no later than 1 week prior to the meeting for inclusion in the circulated package. Meeting agendas and minutes for the PCFN are posted in the 'Create Change' section of the [Food in Peterborough](#) web site.*

*Any community member or organization is welcome to submit relevant updates which may be shared as part of the 'Round Table' section. The organizations listed below each heading are examples of each theme or grouping, and are not meant to be exclusive. If you cannot attend a meeting to provide your update, please submit them via e-mail to Alida Tanna.*