

Peterborough Community Food Network (PCFN)
MEETING MINUTES
Thursday, June 19, 2014
1:00 to 2:30 p.m.
St. John's Anglican Church, St. Nicholas Hall
(Meeting room located on the main floor adjacent to the Church Office)

Attendees: Joëlle Favreau, Chris Kawalec, Carolyn Doris (Interim Chair), Tamara Mann, Andy Cragg, Marie Bongard, Mary Anne Martin, Becky Lyon, Alida Tanna (Recorder).

Regrets: Dr. Rosana Pellizzari, Dorothy Boddy, Lori Sainte, Sarah Cullingham.

1.0 Welcome and Introductions

2.0 Approval of Agenda

The agenda was approved as circulated.

3.0 Approval of Minutes – May 15, 2014

The minutes were approved as circulated.

4.0 Business Arising from the Minutes

4.1 2014-15 PCFN Work Plan

Carolyn circulated a summary of the discussion from the May 16th meeting. **ACTION: Carolyn will input the recommendations from that meeting and bring forward a draft plan to the next meeting.**

4.2 Presentation: City Social Services Mapping Project

Chris Kawalec presented the [City Social Services mapping](#) software which identifies local services and programs in the City and County of Peterborough. Currently, only those services relating to employment & training and children & youth are available. The information is populated from services in the [FourInfo](#) directory.

The City plans on adding additional sectors including recreation, senior services, housing and food. Previously, a map was produced with assistance from staff at the City and County using Geographic Information Systems (GIS) software to identify food programs and services, however, this was only available in print format, and as such, became dated once printed.

Chris sought volunteers from the PCFN to participate in a working group to develop the framework for the digital food map. **ACTION: Chris will compose an email for Alida to distribute to the Network.**

4.3 Backyard Hens Update

Carolyn advised that she will be chairing an upcoming meeting on this topic. Various speakers have been invited and areas covered will include: background, sustainability, food

access, human/animal health issues, current by-laws (City Solicitor will speak to this) and examples of current practice/experience.

5.0 Need Food (Short Term Relief)

No update.

6.0 Get Involved (Capacity Building)

No update.

7.0 Create Change (System Change)

7.1 OFA Local Food Act Video

A [video](#) produced by the Ontario Federation of Agriculture in support of local food was shown to attendees, it was shared on behalf of Pat Learmonth.

8.0 Round Table Themes

8.1 Income Equity/Advocacy

(PPRN; Income Equity Work Group; NFB)

- There was a concern expressed that it is a barrier for some to print relevant reports and documents (e.g., the Ontario Food and Nutrition Strategy) as they are quite large in size and can be expensive to print. Joëlle noted that she could keep a copy on hand at Nourish which can be accessed. **ACTION: This will also be shared with the PPRN so that they can perhaps keep a library as well of similar documents.**

8.2 Emergency Food/Community Meals

(Kawartha Food Share; Faith Community members)

- Kawartha Food Share:
 - o There was concern expressed by a member about the quality of food available at the OPIRG food cupboard which is provided by Kawartha Food Share (KFS). The concern related to the low nutritious value of the majority of the items, which are often quite high in sugar (i.e., junk food). Becky commented on this, and noted that the Warehouse Manager recently spoke to member agencies regarding this issue. Unfortunately, KFS is not in a position to reject a truckload of food based on this. While there may be some items within a truckload that are not healthy, there are also items on the same shipment which are. KFS cannot pick and choose items, they must accept the whole truckload, or refuse it, which would not be prudent. Other variables could be timing of when the member agency picks up food, or the amount/type of storage the member agency has available to them. Becky suggested that the individual should bring their concerns forward to OPIRG to make them aware.
 - o Staffing changes at KFS include: New General Manager, Steve Sullivan; Deb Aben is no longer with KFS; Becky's contract will end in four weeks.
 - o The next KFS member agency is in September.
 - o They have recently acquired a new walk-in fridge.
 - o The June city-wide food drive generated donations which totaled 16,000 lbs. of food (in comparison, last year was 20,000)

- They have expressed interest in connecting with local farmers to increase the amount of fresh food available.
- Chris Kawalec advised that the only statutory holidays that do not have meals arranged are Christmas, Boxing Day and New Year's Day.

8.3 Urban Agriculture/Farming

(PCGN; Farms at Work; Sustainable Peterborough)

- No update.

8.4 Local Food Promotion/Procurement/Distribution

(Farmers Markets; Peterborough Eats; By the Bushel; Seasoned Spoon; Kawartha Choice; Schools-Post Secondary)

- Carolyn noted the recent [provincial initiative](#) which will see Vintners Quality Alliance (VQA) wines to be sold at farmers' markets starting May 1. There has been much discussion and deliberation on both sides of this issue. Carolyn noted that Dr. Pellizzari recently presented a report from [Cancer Care Ontario](#) (CCO). The report, according to CCO "...summarized the epidemiologic evidence for a wide range of cancer risk factors, by providing detailed information on the prevalence and distribution of alcohol consumption in Ontario." Carolyn commented that the report identified that while Peterborough has higher rates for alcohol consumption and binge drinking, the proportion of drinking in excess of the cancer prevention recommendations among Ontario's 36 public health units (PHUs) was topped by Niagara with a high of 15% (compared to a provincial estimate of 9%).

8.5 Community Food Hub/Food Programs

(Nourish Project; JustFood; Collective Kitchens; Gleaning)

- Joëlle clarified the JustFood box preparation schedule for members: the second week of the month is for staples and fresh produce, the fourth week is fresh produce only.

8.6 Food Policy

(PSPC; Municipal Update; Community Social Plan; Healthy Communities/Partners in Wellness)

- The Canadian Journal of Public Health recently released the following article: [Municipal-level responses to household food insecurity in Canada: A call for critical, evaluative research](#) (link to abstract only). The article concluded that "...household food insecurity (HFI) is a persistent public health problem with well-established links to income insecurity. With provincial downloading of social responsibilities to municipalities and a lack of municipal policy levers to increase income security, municipal-level food-based action has become the default approach to tackle HFI in Canada." The authors also noted that "...food-based solutions to HFI offer only limited effectiveness for a problem rooted in poverty" and that "comprehensive and comparative research is urgently needed to evaluate these food-based approaches in order to establish evidence-based municipal-level action on HFI."

8.7 Food-Related Social Enterprises

(Peterborough Eats; CSA Farms, Seasoned Spoon; LETS, TTP/Purple Onion Festival)

- No update.

9.0 Other

9.1 Presentation: Trent Centre for Community-Based Education Strategic Plan

Andy Cragg presented TCCBE's new four year [strategic plan](#). The Centre works to connect the research needs of community-based organizations with faculty and students in the academic community. They refine research ideas received from the community into projects for students to complete for credits in their University courses. The Centre has approximately 40 community-based education projects completed by 50 to 60 students per year. Core funding for these projects is through Trent University (approximately 50 to 60% funded). The Centre has connections with Haliburton and Kawartha Lakes as well.

The strategic plan focuses on research and the impact on our community through research. It includes four strategic directions:

- a commitment to quality;
- strong partnerships
- increased community impact; and
- a compelling brand story.

Andy noted that the TCCBE plans on being more selective of the projects it accepts, their goal is to participate in projects that will have greater impact on the community. There will not be an open call for proposals this year, work will continue with existing projects. Andy concluded by noting that food security and local food are definitely areas of interest to them for future projects, and for the organizations that they work with.

10.0 Agenda Items for July 17, 2014

- Work Plan

11.0 Adjournment

The meeting was adjourned at 2:25 p.m.

Parked Items

- Healthy Kids Community Challenge (if application is successful)
- PCFN Co-Chair (Dr. Pellizzari)

Meetings for 2014

July 17, August 21, September 18, October 16, November 20, December 18.

PCFN meetings take place the third Thursday of every month at St. John's Anglican Church, St. Nicholas Hall from 1 – 2:30 p.m. Please submit your agenda items to Alida Tanna (atanna@pcchu.ca) no later than 1 week prior to the meeting for inclusion in the circulated package. Meeting agendas and minutes for the PCFN are posted in the 'Create Change' section of the [Food in Peterborough](#) web site.

Any community member or organization is welcome to submit relevant updates which may be shared as part of the 'Round Table' section. The organizations listed below each heading are examples of each theme or grouping, and are not meant to be exclusive. If you cannot attend a meeting to provide your update, please submit them via e-mail to Alida Tanna.