

Peterborough Community Food Network (PCFN)

MEETING AGENDA

Thursday, March 19, 2015

1:00 to 2:30 p.m.

NEW LOCATION: Parish Hall, All Saints Anglican Church, 235 Rubidge St.

Present: Dr. Rosana Pellizzari, Joëlle Favreau, Sue King, Dorothy Boddy, Marie Bongard, Lori Sainte, Lyn Miller, Mary Anne Martin, Chris Kawalec, Alli Froneff, Shavone Doherty, Carolyn Doris

Regrets: Jill Bishop, Alida Tanna

1.0 Welcome and Introductions

Dr. Pellizzari thanked Dorothy for suggesting meetings at All Saints Anglican Church. Minister Howson welcomed PCFN to the church for meetings.

2.0 Approval of Agenda

The agenda was approved with the deferral of item 5.2.

3.0 Approval of Minutes – February 19, 2015

Approved as circulated.

4.0 Business Arising from the Minutes

4.1 Review Action Items from the Previous Meeting

The group reviewed items arising from the previous meeting, the following was noted:

- *Food Literacy Definition:* As a follow-up to discussion at the February PCFN meeting, Carolyn shared a definition and explanation of food literacy from a recent Locally Driven Collaborative Project funded by Public Health Ontario. Food literacy includes both personal and environmental factors. The summary report was shared and includes the definition of food literacy as:
 - a set of skills and attributes that help people sustain the daily preparation of healthy, tasty, affordable meals for themselves and their families
 - builds resilience, because it includes food skills (techniques, knowledge and planning ability), the confidence to improvise and problem-solve, and the ability to access and share information.
 - requires external support with healthy food access and living conditions, broad learning opportunities and positive socio-cultural environments.
- *Meeting Highlights Email Feedback:* PCFN members gave positive feedback on the first meeting highlights email. Members commented they appreciated having the updates in advance of the meeting minutes. It was suggested to keep the highlights to a format (i.e., one page) that could be posted on bulletin boards in churches, agencies etc. It was noted that the highlights provide less detail than the meeting minutes.
- *Change of PCFN Name – Poll Results:* A poll was sent out to PCFN membership regarding changing the Network's name to the Peterborough Community Food Security Network. Marie Bongard noted that due to federal Bill C51, security now has a negative connotation. Members also noted that for those with lived experience, the preference may not be to include security and that networking is important. **ACTION: After**

discussion and potential issues with the results, it was suggested that members submit additional name change options that could be included in another on-line poll.

5.0 New Business

5.1 Review of Terms of Reference

The most recent version of the Terms of Reference (TOR) for the PCFN was reviewed and changes were made. There was agreement that the goal of the PCFN remains the same and that the Terms of Reference should be reviewed every 2 years. The last review was held in January 2012. A PCFN name change should also be reflected in TOR.

Members noted appreciation of Dr. Pellizzari as Medical Officer of Health (MOH) chairing the PCFN. This has contributed to positive developments, and is beneficial having the MOH at the Planning Table of PPRN.

5.2 Community Food Security Discussion

DECISION: Deferred to the April 16th meeting.

5.3 Themed Meetings

From findings in the PCFN evaluation related to focus on actions, need for networking, sharing of information and inviting potential partners to meetings, Carolyn sought feedback from members related to having specific themed presentation at future meetings. It was agreed that seeking specific presentations from members or agencies related to Round Table themes would be beneficial but adequate time would still be preferred for networking and sharing at all meetings. It was agreed that meeting attendance may be enhanced by having more people connected to specific themes in attendance. There was agreement to move forward with themed meetings.

6.0 Round Table Themes

6.1 Income Equity/Advocacy

(PPRN; Income Security Work Group; Nutritious Food Basket)

- The Ontario government announced this morning that minimum wage would increase to \$11.25 per hour on October 1, 2015.
- Dr. Pellizzari and Carolyn Doris have just completed delegations with eight township councils along with the Joint Services Committee providing information about the PCFN and the 2014 Limited Incomes report.
- PPRN Update: At the past PPRN Planning Committee, development of policies and resources to address barriers for people with lived experience were discussed. PPRN has a budget of \$2000 that will be shared Workgroups to make participation easier (i.e. providing childcare, bus tickets, food vouchers). Dr. Pellizzari noted that it was suggested a focus group should be held to find out how best to address barriers and a policy and procedure will then follow. Groups should be meeting in barrier-free spaces.
- PPRN Strategic Plan: Work on the Strategic Plan continues. Community consultations are being planned. At the Peterborough meeting Minister Matthews attended earlier this year, it was indicated that there would be funding to support poverty reduction work in local areas. PPRN work groups will be submitting workplans as part of the

strategic planning process. The PCFN already includes the specific areas that are to be included. **ACTION: At the April meeting, a discussion will be held regarding 3-5 long-term (5 year) priorities of the PCFN to be shared with PPRN.**

- PPRN Stories Video: As discussed at the last PCFN meeting, PPRN has done work to capture people's stories through digital storytelling and 2 videos have been posted and one was viewed. PPRN noted that capturing stories can be challenging but there is interest to do more storytelling so that the general public is better able to understand the impacts of poverty. The video viewed by PCFN members clearly shows how housing and food are linked. The local Put Food in the Budget working group is also interested in looking at ways to change how the community sees poverty. Further discussion will be held at next PPRN Planning meeting on using stories and PCFN interest in storytelling.
- Dr. Pellizzari shared information about a US resource that discusses the seven stages of storytelling (Centre for Digital Storytelling out of California). Joëlle Favreau shared that there is a Centre for Digital Story-telling in Toronto.
- PPRN Poverty Awareness: With World Food Day on Oct 16, 2015 and International Day for the Eradication of Poverty (and Chew on This campaign) on October 17, 2015, PPRN is interested in organizing a series of events that week to raise awareness of poverty in our community. Interested PCFN members are invited to participate in planning and meeting dates will be circulated. Nourish Peer Advocates may also be interested in being involved.
- The BIG Push: A local group has held an initial meeting to discuss joining an Ontario network and a national group supporting Basic Income Guarantee (BIG).

6.2 Emergency Food/Community Meals/Community Food Hub/Food Programs

(Kawartha Food Share; Faith Community members; Nourish Project; JustFood; Collective Kitchens; Gleaning)

- Chris Kawalec shared that a group is still needed to organize the Good Friday community meal (April 3, 2015). PCFN members were asked to take back to communities and faith groups. The meal should serve approx. 80-100 people and the city provides \$200 in funding. Contact Chris if you are able to help.
- KFS – Kawartha Food Share is seeing an increase in the number of families looking for emergency food. At the last MAAG meeting, member agencies were asked to consider increasing operating hours and to consider providing more food. KFS is able to supply Members Agencies with more food.
- Mary Anne Martin will be starting PhD research and would like to connect with PCFN members about programs currently being offered.
- Nourish: The YWCA and Nourish have been named as one of 74 Good Food Organization across Canada by Community Food Centres Canada. This will support Nourish with access to resources, and funding. Good Food Organizations must be in line with CFCC principles and show how principles mesh with work being done.
- JustFood: The JustFood program is currently struggling with budget issues. As of April, JustFood will offer a \$24 investment box. The full price of a large box is \$20 so the extra \$4 will go towards the subsidies. It is hoped that this approach will help to make the program more sustainable without making entry point more expensive. Information

will be in the next JustFood Box newsletter. Call the YWCA if interested in finding out more about JustFood Program.

6.3 Urban Agriculture/Farming/Local Food

(PCGN; Farms at Work; Sustainable Peterborough; Farmers Markets; Peterborough Eats; By the Bushel; Seasoned Spoon; Kawartha Choice)

- Alli from By the Bushel (BTB) shared that she has been hired through an Ontario Trillium Fund Grant (\$130,000 over 3 years) to develop a business plan and look at marketing/business plan, relaunch of the website and consider establishing a local food store if feasible. BTB moved out of their space behind the Youth Emergency Shelter in late 2014. In 2015, they will be operating out of a temporary space. Applications for 2015 membership are now available and baskets will be offered from May to February.
- Seedy Sunday was a success with over 1000 people attending.

6.4 Food Policy

(PSPC; Municipal Update; Community Social Plan; Healthy Communities/Partners in Wellness)

- A Food and Farming Summit, organized by the Sustainable Peterborough Food and Farming Work Group will be held on Tuesday, March 24 at the Peterborough Public Library.
- The Peterborough Partners for Wellness Community Engagement Workshop in February that featured neighbourhood development and participatory budgeting work done in the City of Hamilton. Follow-up meetings have been and a meeting on April 15, 2015 will consider how their model related to neighbourhood engagement and housing could be considered in Peterborough.
- Carolyn shared an infographic from the [Lancet](#) showing how government can support healthy food preferences. It shows connections between individuals, schools, producers, retailers, and governments and gives examples of work that is relevant to the PCFN.

7.0 Other

- Food Security Map: Chris Kawalec has organized a meeting on April 8, 2015 to review the first draft of the food security map that will be part of the City Social Services website. The group initially met in the summer of 2014 and provided program/food access coordinates for mapping.
- Dorothy Boddy wanted PCFN members to be aware of the positive community work led by members of the Stewart St. Community Garden that she learned about at the Peterborough Partners For Wellness meeting. A playground is being added to the park and regular neighbourhood meals are held serving over 100 people. The Stewart St. Association are also monitoring impacts including fewer calls to police.
- Lyn Miller shared that Rachelle Sauvé from Food Not Bombs will be leaving Peterborough at the end of April. She has led the Food Not Bombs community meal on Monday evenings outside of City Hall for 7-8 years. Volunteers who could provide leadership are being asked to come forward. **ACTION: An email with contact information will be sent to the PCFN.**

- Joëlle Favreau thanked the PCFN for the letter of support for the funding application for the Peer Advocacy Implementation Project.

8.0 Agenda Items for April 16, 2015

- PCFN Name Change
- PPRN strategic plan – long-term key priorities

9.0 Meeting Highlights for Email Notice

- PCFN Name Change
- Volunteers for the Good Friday Community Meal.
- Volunteers for the World Food Day 2015 Planning Committee
- Food Not Bombs Update

10.0 Adjournment

The meeting was adjourned at 2:30 p.m.

Parked Items

- PCFN Co-Chair (Pellizzari)

Future Items

- Social Assistance Reform/Provincial Advocacy on Food Security

Meetings for Remainder of 2015

April 16, May 21, June 18, July 16, August 20, September 17, October 15, November 19, December 17.

PCFN meetings take place the third Thursday of every month at St. John's Anglican Church, St. Nicholas Hall from 1 – 2:30 p.m. Please submit your agenda items to Alida Tanna (atanna@pcchu.ca) no later than 1 week prior to the meeting for inclusion in the circulated package. Meeting agendas and minutes for the PCFN are posted in the 'Create Change' section of the [Food in Peterborough](#) web site.

Any community member or organization is welcome to submit relevant updates which may be shared as part of the 'Round Table' section. The organizations listed below each heading are examples of each theme or grouping, and are not meant to be exclusive. If you cannot attend a meeting to provide your update, please submit them via e-mail to Alida Tanna.