

Peterborough Community Food Network (PCFN)

MEETING MINUTES

Thursday, November 20, 2014

1:00 to 2:30 p.m.

St. John's Anglican Church, St. Nicholas Hall

(Meeting room located on the main floor adjacent to the Church Office)

Attendees: Ashlee Aitken, Teresa Williams, Amy Pawlick, Carolyn Doris, Jillian Bishop, Lori Sainte, Joëlle Favreau, Todd Barr, Chris Kawalec, Mary Anne Martin, Alida Tanna (Recorder), Lyn Miller, Dr. Rosana Pellizzari (Chair).

1.0 Welcome and Introductions

Dr. Pellizzari welcomed Teresa Williams and Amy Pawlick, Trent University nursing students who are completing placements with the Peterborough Community Garden Network.

Also, Ashlee Aitken was introduced to the group. Ashlee is the new Office Manager for Kawartha Food Share.

2.0 Approval of Agenda

The agenda was approved with the addition of item 9.2, Trillium Proposal.

3.0 Approval of Minutes – October 16, 2014

The minutes were approved as circulated.

4.0 Business Arising from the Minutes

4.1 Review Action Items from October 16th Meeting (Rosana Pellizzari)

The following was noted with respect to the previous meeting:

- *Lighthouse Meals:* **ACTION: Carolyn will connect with the Canadian Mental Health Association to strengthen communication and obtain regular updates on the community centre's offerings.**
- *Nutritious Food Basket Report:* Dr. Pellizzari reported that the Board of Health received this [report](#) at its November 12th meeting. An infographic and scenario spreadsheet (the latter showing supporting data and references) are posted on the [Food in Peterborough site](#). The Board directed staff to advocate to the province, as well as make presentations to municipal Councils and rotary clubs. The presentations would be led by Dr. Pellizzari on behalf of the Board, and as Chair of the PCFN, and ideally will be co-presented with Kawartha Food Share. Chris Kawalec noted that he was planning on providing an annual update to Township Councils on the Community Social Plan in February 2015, and that he could include this presentation request at the same time and be present to provide additional support. **ACTION: Chris, Carolyn and Dr. Pellizzari to discuss further.** It was also noted that presentations could be made to the local business community (e.g., Chamber of Commerce, Peterborough Economic Development, Downtown Business Association, East City Business Improvement Association, etc.). Members concurred that the presentations, specifically for the councils, should have concrete actions and recommendations.

5.0 Need Food (Short Term Relief)

No update.

6.0 Get Involved (Capacity Building)

6.1 ReFrame Film Festival

The [ReFrame Film Festival](#) takes place from January 23-25, 2015. The PCFN has been approached to sponsor a number of films that are food-related including 'The Family Farm' and 'The Hand That Feeds'. It was noted that there also may be an opportunity to organize a panel discussion around food insecurity at the screenings. Members were in agreement that the Network should sponsor these films, and any others that might be appropriate and that speak to the PCFN [mandate](#). **ACTION: Carolyn will follow up with her contact at the festival to confirm details.**

7.0 Create Change (System Change)

No update.

8.0 Round Table Themes

8.1 Income Equity/Advocacy

(PPRN; Income Equity Work Group; NFB)

- Please refer to item 4.1 for details.

8.2 Emergency Food/Community Meals

(Kawartha Food Share; Faith Community members)

- Chris noted that there were still no meals confirmed for Christmas and Boxing Day. St. Paul's can host the meals and funding is available through the City. **ACTION: Alida to resend the request to the Network.** He advised that New Year's supper was being offered by St. Andrew's United Church.

8.3 Urban Agriculture/Farming

(PCGN; Farms at Work; Sustainable Peterborough)

- The PCGN will be hosting a free screening of 'Growing Cities – A Film About Urban Farming in America' at All Saints Anglican Church on Wednesday, November 26th. Doors open at 6:30 p.m.
- The PCGN has submitted a grant to the Ontario Trillium Foundation to expand seed saving activities.
- Joëlle and Jill recently attended a meeting of a subgroup of the Food and Farming Working Group of Sustainable Peterborough which will focus on urban agriculture.

8.4 Local Food Promotion/Procurement/Distribution

(Farmers Markets; Peterborough Eats; By the Bushel; Seasoned Spoon; Kawartha Choice; Schools-Post Secondary)

- No update.

8.5 Community Food Hub/Food Programs

(Nourish Project; JustFood; Collective Kitchens; Gleaning)

- Joëlle advised that approximately 460 Just Food boxes were distributed this month, with an increasing number going out to the County. There was also a recent distribution to schools in the County. The next box will go out at the end of January/early February.
- Nourish Peterborough has been shortlisted and is one of four communities who are in the running for support from [Community Food Centres Canada](#) to establish a Community Food Centre in their area. Nourish expects to receive a decision the week of December 15.
- The Collective Kitchens (CK) program run by the Health Unit continues to do very well. A positive development is that two established CKs have gone independent and no longer require Health Unit support as they are now community-led. This shift has given the Community Workers at the Health Unit more capacity to start new CKs in the County.

8.6 Food Policy

(PSPC; Municipal Update; Community Social Plan; Healthy Communities/Partners in Wellness)

- No update.

8.7 Food-Related Social Enterprises

(Peterborough Eats; CSA Farms, Seasoned Spoon; LETS, TTP/Purple Onion Festival)

- No update.

9.0 Other

9.1 World Food Day Event Debrief

Members discussed the event which took place on November 2nd at St. Andrew's United Church. Attendees included Nourish participants, local farmers, members of St. Andrew's Church and the PCFN. The feedback on the food was incredibly positive, the theme of the majority of dishes was quinoa (the grain was graciously donated by the community garden located atop of the Ministry of Natural Resources building).

10.0 Agenda Items for December 18, 2014

- PCFN Evaluation Session with Gillian Kranas from Health Nexus

11.0 Adjournment

The meeting was adjourned at 2:00 p.m.

Parked Items

- PCFN Co-Chair (Dr. Pellizzari)

Meetings for Remainder of 2014

December 18.