

Peterborough Community Food Network (PCFN)

MEETING MINUTES

Thursday, September 25, 2014

1:00 to 2:30 p.m.

St. John's Anglican Church, St. Nicholas Hall

(Meeting room located on the main floor adjacent to the Church Office)

Attendees: Esther Naigaga, Melissa Cook, Melissa, Indra Noyes, Todd Barr; Tamara Mann, Lori Sainte, Carolyn Doris, Joëlle Favreau, Dawn Berry-Merriam, Dr. Rosana Pellizzari (Chair), Mary Anne Martin, Chris Kawalec, Alida Tanna (Recorder)

Regrets: Julie Stoneberg, Marie Bongard, Dorothy Boddy, Lyn Miller, Jill Bishop

1.0 Welcome and Introductions

Dr. Pellizzari welcomed Esther Naigaga and Melissa Cook, Trent University nursing students who are completing placements with the YWCA Peterborough.

2.0 Approval of Agenda

The agenda was approved with the following additions:

- 7.4., Presentation
- 7.5., OTF Grant Proposal

3.0 Approval of Minutes – July 17, 2014

The minutes were approved as circulated.

4.0 Business Arising from the Minutes

4.1 PCFN 2014-15 Work Plan (Carolyn Doris)

The following was discussed with respect to the work plan:

- Carolyn noted that upon further review, assigning 'leads' to activities could prove challenging as a number of activities do not necessarily apply to one individual, but to the network as a whole. It is likely that working groups will be struck to work on specific activities.
- Nourish will take the lead on the distribution and coordination of emergency food, and ensuring there is an increase in access to fresh food at emergency services.
- With respect to local food procurement, it was acknowledged that a joint meeting should be organized with the Food and Farming subgroup of Sustainable Peterborough, where local farmers and other advocates for local food procurement and distribution will be invited to discuss this further. **ACTION: Carolyn to follow up.**
- To further engage current PCFN stakeholders and attract new members, as well as increase the network's capacity and ensure knowledge sharing with other groups, it was noted that a review of the current membership and partnerships would be beneficial. Dr. Pellizzari advised that Gillian Kranias, a Health Promotion Specialist with [Health Nexus](#), has expressed interest in assisting with this and will be invited to a future meeting. **ACTION: Alida to contact Gillian and invite her to a future meeting.**

- Ensuring continued advocacy for the emergency food fund. **ACTION: Carolyn to check in with Chris Kawalec on this activity.**

Although not part of the work plan, it was noted that a potential project for a student or advocate could be to synthesize the work of the PCFN to date (i.e., what we've done, where we are going). **ACTION: Carolyn to compose an email call out to the network to gauge interest.**

4.2 Purple Onion Festival (Joëlle Favreau)

The following feedback was provided on the Purple Onion Festival which took place on Sunday, September 21st; the PCFN booked a table and set up a display at the event which was held at Millennium Park:

- The table was manned over three shifts throughout the event.
- The booth's location was not ideal as most attendees walked past the booth area to get to the food vendors and climate change rally.
- It would be preferable to engage festival attendees by planning an activity rather than just having a display table. It was noted, however, that the network's limited capacity for participation in these functions must be a consideration.
- Several members mentioned they had heard that the need to purchase the Kawartha Loon currency was a deterrent for some. The purchase was required if an attendee was interested in purchasing food or other goods which were available at the event.

4.3 Municipal Election Planning (Carolyn Doris)

Tamara and Marie have been attending planning meetings on behalf of the PCFN. The All Candidates Meeting on Social Issues is being held on Thursday, October 16, from 6:30 - 8:30 p.m. at the Evinrude Centre (911 Monaghan Road).

With assistance from Carolyn, they have submitted questions for the food security table, a backgrounder is in development. There will be roundtables on several issues including affordable housing, access to health care, public transportation, employment opportunities and poverty. Candidates will have the opportunity to participate in two tables throughout the evening.

The event is sponsored by Peterborough Social Planning Council, Peterborough County-City Health Unit, United Way, Peterborough Council on Aging, Peterborough Community Legal Centre, Peterborough Poverty Reduction Network, Peterborough YWCA, and Affordable Housing Action Committee and Citizen Advocates. **ACTION: Alida to send out reminder.**

4.4 World Food Day Planning (Carolyn Doris)

A small working group consisting of Tamara, Lyn, Joëlle and Mary Anne have met to plan for the World Food Day (WFD) celebratory dinner (a joint event between Nourish and the PCFN) scheduled to take place on Sunday, November 2nd from 3 – 6 p.m at St. Andrew's. The dinner will be an opportunity to feed local farmers, given the theme for this year's WFD which is [Family Farming](#) to acknowledge the "significant role of family farming in eradicating hunger and poverty, providing food security and nutrition, improving livelihoods, managing

natural resources, protecting the environment, and achieving sustainable development, in particular in rural areas.”

An invitation will go out shortly to the family-friendly event. Mary Anne will be collecting quotes for posters which will be displayed.

5.0 Need Food (Short Term Relief)

No update.

6.0 Get Involved (Capacity Building)

No update

7.0 Create Change (System Change)

7.1 PPRN Strategic Plan Update (Rosana Pellizzari)

At the September 4th PPRN Planning Committee meeting, Joëlle and Dr. Pellizzari presented the food security continuum. Arising from that meeting, the Planning Committee determined that all PPRN working groups will use the framework which has been established by the PCFN.

With respect to the recently released [Provincial Poverty Reduction Strategy](#), Dr. Pellizzari provided a brief overview of the plan. Dawn noted that the Peterborough Social Planning Council had developed an Info Note on the plan. **ACTION: Dawn to circulate to the PCFN.** The plan which was initially released in 2008 aimed for a 25% reduction in child and family poverty in Ontario over five years. The province will continue to aim for this target, however has extended the timeline to ten years.

Dr. Pellizzari noted that the Minister in charge of the plan is Deb Matthews (former Minister of Health and Long-Term Care, now President of the Treasury Board). The PPRN is hoping to invite Minister Matthews to Peterborough to discuss the plan. Dr. Pellizzari sought feedback from attendees on the plan which she would share with the PPRN. There was appreciation for the emphasis on income security and vulnerable populations, as well as acknowledgement that the strategy resonates with local planning (e.g., United Way), however, it was noted that aspects of the strategy are quite vague and require more detail. **ACTION: Dr. Pellizzari will share this feedback with the PPRN.**

7.2 Healthy Kids Community Challenge (HKCC)

Carolyn advised that Peterborough was selected along with 44 other communities in Ontario to participate in the [HKCC](#). The City of Peterborough was the main applicant, however the challenge will involve the City, County, Curve Lake and Hiawatha First Nations. The Steering Committee is co-chaired by Linda Mitchelson (Social Service, City of Peterborough) and Larry Stinson (Peterborough County-City Health Unit). The Committee recently met and is in the midst of developing a governance structure for the project which will span four years. There will be several working groups established based on themes which will be issued by the Province. The Steering Committee will be a part of [Sustainable Peterborough](#), and will essentially become the ‘Healthy Communities’ lead, one of the eleven themes and priority action areas of the Sustainable Peterborough Plan.

7.3 Nourishing Communities (Carolyn Doris)

Carolyn and Mary Anne have been working with Peter Andrée and Patricia Ballamingie, both from Carleton University, on a research project through the Eastern Ontario Research Node of the Nourishing Communities Sustainable Local Food Systems Research Project. The focus of this sub-group has been to explore and make recommendations around the relationship between food access and housing security, using Peterborough as a case study. At this point two documents have been written:

- A case study report focusing mostly on the Peterborough context. The group is hoping to have the draft report shortly for circulation to a few key people in Peterborough who are familiar with food and/or housing so that they can help ensure that it is reflective of the actual situation in Peterborough. Mary Anne will be facilitating the collection and integration of this feedback. **ACTION: Joëlle, Lori, Rosana and Dawn offered to review the report.** As part of the case study, a chart is being developed that shows an inventory of food programs and initiatives in Peterborough. **ACTION: Mary Anne will circulate the chart out to the PCFN membership for input.**
- A draft of a chapter that includes the Peterborough case study but takes a broader look at the relationship between food access and housing security. This draft chapter has been submitted to Allison Blay-Palmer, the Principal Investigator for Nourishing Communities, for her to review and forward to MIT Press for inclusion in a proposed edited collection of chapters on sustainable local food systems. Both the report and chapter may function as very useful tools for education and advocacy around food and housing in Peterborough and beyond.

7.4 Presentation

The [Primates World Relief and Development Fund](#) is holding a regional conference at St. John's Anglican Church in Peterborough from October 30th until November 2nd. The focus of this conference will be food security. They are seeking a speaker from the PCFN for this event. Joëlle and Carolyn offered their assistance with this. **ACTION: Joëlle and Carolyn to follow up on this item.**

7.5 OTF Grant Proposal

The Trent Centre for Community-Based Education (TCCBE) along with sister organizations U-Links and C-Links have been brainstorming collaborative research and funding opportunities in Peterborough, Haliburton, and City of Kawartha Lakes, and their associated community partners. The Ontario Trillium Foundation (OTF) is one funding option and the deadline for the next intake is November 1st. They will be developing an OTF proposal which would specifically address:

- local and sustainable food systems; and
- engaging Ontarians in reducing greenhouse gas/energy conservation.

They will host a workshop in early October to develop a 2 - 4 year research agenda based on common interests from community partners in each region. Todd has extended an invitation to a number of groups including the PCFN, the Food and Farming Group of Sustainable Peterborough and Nourish.

8.0 Round Table Themes

8.1 Income Equity/Advocacy

(PPRN; Income Equity Work Group; NFB)

No update.

8.2 Emergency Food/Community Meals

(Kawartha Food Share; Faith Community members)

- It was noted that the Lighthouse may no longer supply meals on Sundays however they are still offering breakfast. **ACTION: Carolyn will confirm this with Chris Kawalec**
- Christmas and Boxing Day meals will be covered by Patti Peeters. New Year's Day is tentatively covered by Lyn Miller/St. Andrew's United Church.
- Chris noted that two meetings have taken place with the sub-group working on the Electronic Community Food Service Map. They are aiming for a potential year-end launch. Once a working draft is created, notice will be issued to all groups included to validate the information. Chris acknowledged that the challenge will be to ensure the data is maintained and up-to-date.

8.3 Urban Agriculture/Farming

(PCGN; Farms at Work; Sustainable Peterborough (SP))

- The next meeting of the Food and Farming group of SP will focus on:
 - Review the Draft Land Use Task Group Report, developed in support of the Sustainable Peterborough theme of [Agriculture and Local Food](#).
 - Response to Guidelines from the Association of Municipalities of Ontario on their report: [Best Practices in Local Food: A Guide for Municipalities](#).
 - Discussion on local food in grocery stores.
- With respect to community gardens, it was noted that a number of trees were recently taken down near Ashburnham Garden by the City to accommodate plans for road widening. Several gardeners were concerned and have removed their perennials from that garden, however their concern was primarily around the lack of notice provided to the gardeners regarding this road work. The PCGN hopes to address this with the City, however, they will wait until the new Council is in place so that there is an opportunity to brief them on the community garden policy. **ACTION: Chris Kawalec to connect Lori to the City staff lead on this work.**

8.4 Local Food Promotion/Procurement/Distribution

(Farmers Markets; Peterborough Eats; By the Bushel; Seasoned Spoon; Kawartha Choice; Schools-Post Secondary)

No update.

8.5 Community Food Hub/Food Programs

(Nourish Project; JustFood; Collective Kitchens; Gleaning)

- Nourish is hosting 'Poverty Makes Us Sick – A Root Causes Workshop' on October 15th at the Peterborough Public Library from 1 – 4 p.m.
- In support of the International Day for the Eradication of Poverty (October 17th), Dignity for All – The Campaign for a Poverty-Free Canada has launched the ['Chew On This'](#)

campaign. Nourish will be taking part, and plans to distribute brown lunch bags over with various items (i.e., apple, magnet, postcard) related to the campaign downtown over the lunch hour at the corner of George and Simcoe.

- Gleaners participated in 3 car and 10 bus trips this season, with two more trips planned including one to pick corn for Kawartha Food Share.

8.6 Food Policy

(PSPC; Municipal Update; Community Social Plan; Healthy Communities/Partners in Wellness)

No update.

8.7 Food-Related Social Enterprises

(Peterborough Eats; CSA Farms, Seasoned Spoon; LETS, TTP/Purple Onion Festival)

No update.

9.0 Other

None.

10.0 Agenda Items for October 16, 2014

None identified at the meeting. It was noted that next meeting will feature a pot luck lunch!

11.0 Adjournment

The meeting was adjourned at 2:30 p.m.

Parked Items

- PCFN Co-Chair (Dr. Pellizzari)

Meetings for 2014

October 16, November 20, December 18.

PCFN meetings take place the third Thursday of every month at St. John's Anglican Church, St. Nicholas Hall from 1 – 2:30 p.m. Please submit your agenda items to Alida Tanna (atanna@pcchu.ca) no later than 1 week prior to the meeting for inclusion in the circulated package. Meeting agendas and minutes for the PCFN are posted in the 'Create Change' section of the [Food in Peterborough](#) web site.

Any community member or organization is welcome to submit relevant updates which may be shared as part of the 'Round Table' section. The organizations listed below each heading are examples of each theme or grouping, and are not meant to be exclusive. If you cannot attend a meeting to provide your update, please submit them via e-mail to Alida Tanna.