

Peterborough Food Action Network (PFAN)

MEETING MINUTES

Thursday, December 17, 2015

1:00 to 2:30 p.m.

**NEW LOCATION: Dr. J. K. Edwards Board Room (3rd Floor),
Peterborough County-City Health Unit, 185 King Street**

Attendees: Fred Kooy, Wavel Ford, Linda Midford, Ken Mills, Linda Midford, Lorri Bushie, Lucille Dunstan, Marie Bongard, Chris Kawalec, Sandra Whatman, Becky Lyon, Todd Barr, Sharon Cadman, Lori Sainte, Katie Caddigan, Lyn Miller, Barb Diceman, Mary Anne Martin, Evan Brockest, Janet Duke, Kathi Curtin Williams, Dorothy Boddy, Janet Ashton, Marcy Adzich, Jason Hartwick, Joëlle Favreau, Peter Hughes, Carolyn Doris

1.0 Welcome and Introductions:

A potluck lunch was enjoyed by everyone.

2.0 Approval of Agenda :

Approved as circulated

3.0 Approval of Minutes – November 19, 2015:

Approved as circulated. Minutes of September 17, 2015 also approved as circulated.

4.0 Business Arising from the Minutes

4.1 Review Action Items from the Previous Meeting

5.0 New Business

5.1 Food Bank in North-End: Linda Midford (volunteer with the former OPIRG Food Bank at Sadlier House) shared that a steering committee has been formed to establish a North End Peterborough Food Cupboard to meet the need of north end residents. They shared that over the past five years, the need at the OPIRG food bank had increase by 300% starting with 20 people per day to over 80 people visiting each day (over 400 per month). The Steering Committee is currently looking for space that could accommodate the number of people needing assistance, a waiting room, storage space, fridge, freezer and administrative space. They have contacted churches in the north end. It was recommended that they contact St. Barnabas Anglican, St. Stephen Presbyterian, Northminster United, St. Anne's Catholic churches or Bedford House on Aylmer Street.

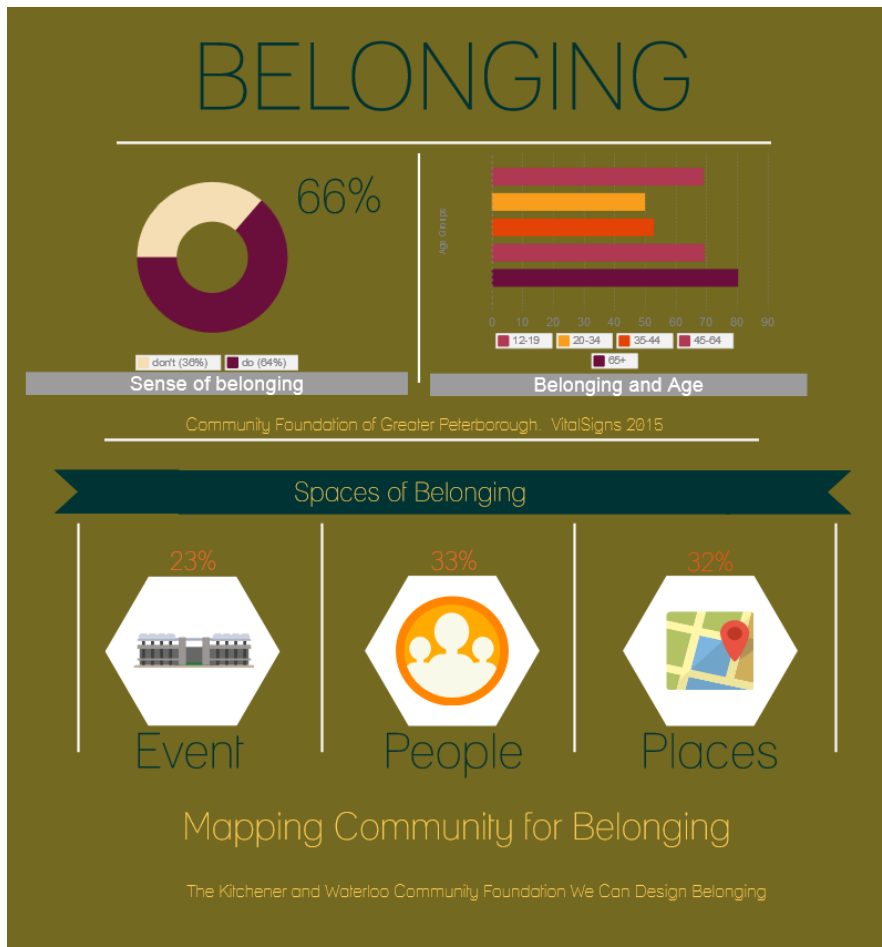
5.2 Terms of Reference: The latest version of the Terms of Reference was reviewed. It was agreed that they still applied and were relevant for PFAN as well as the definition of community food security. The importance of respect and dignity, as seen early on in Community Meals, is critical. The focus on food security rather than food insecurity was also noted.

5.3 Work Plan Development: Carolyn reviewed the food security continuum that PFAN uses to base its activities and workplan. A brief timeline of the Community Food Network (which was renamed PFAN in 2015) was reviewed along with food insecurity statistics:

- 2007: 10% of families and 37% of people that live alone live on low incomes; 1 in 5 local children lives in poverty
- 2015: 11.5% of local households report food insecurity; 1 in 4 children under 18 years live in food insecure household (23.6% vs 8.7% in Ontario).

Considering that food insecurity has increased, and recent reports/presentations (Dr. Tarasuk presentation in October 2015, Food Access and Housing report) it was agreed that it is important when developing the next PFAN Workplan, to ensure activities have the potential to impact community food security along with household food insecurity in our area. The group discussed key targets or indicators for child poverty, food insecurity and belonging.

Joëlle Favreau shared information about belonging based on the [Community Foundation of Peterborough's 2015 Vital Signs Report on Belonging and Inclusion](#) that found the proportion of the Peterborough population that reports a strong or somewhat strong sense of community belonging in 2014 had decreased to 66.2% compared to 68.2% for Ontario residents. Sense of community belonging was found to be lowest among 20 to 44 year olds and be highest for teens and those over 65 years of age. The report found that 75.1% of people from higher income households reported a strong or somewhat strong sense of community belonging compared to 61.1% of people from lower income households.



With great discussion, the group agreed to consider 3 main targets/indicators to work towards and that these targets should be bold:

- Reduce child poverty/childhood food insecurity locally to 1 in 12 children (provincial average)
- Reduce food insecurity rates to 5% (from current 11.5%) (including First Nations), and
- Increase sense of belonging to 75% (including people with mobility issues and disabilities)

It was agreed that those interested would meet before the January 21, 2016 PFAN meeting. Meetings will be organized in early January for Need Food (contact - Joëlle Favreau), Get Involved (contact- Peter Hughes) and Create Change (contact -Carolyn Doris). At these meetings, objectives and activities will be discussed and ideas will be brought forward at the January PFAN meeting.

6.0 Round Table Themes : Deferred

6.1 Income Equity/Advocacy

(PPRN; Income Security Work Group; Nutritious Food Basket)

6.2 Emergency Food/Community Meals/Community Food Hub/Food Programs

(Kawartha Food Share; Faith Community members; Nourish Project; JustFood; Collective Kitchens; Gleaning; City of Peterborough)

6.3 Urban Agriculture/Farming/Local Food

(PCGN; Farms at Work; Sustainable Peterborough; Farmers Markets; Peterborough Eats; By the Bushel; Seasoned Spoon; Kawartha Choice)

6.4 Food Policy

(PSPC; Municipal Update; Community Social Plan; Healthy Communities/Partners in Wellness)

7.0 Other:

7.1 Syrian Refugees and Food, Marie Bongard

Marie raised the question about supporting Syrian Refugees with food. It was noted that for the first year, sponsors are supporting costs of living but this may need to be discussed at a future PFAN meeting.

8.0 Agenda Items for January 21, 2015

- Presentation on Food Access, Housing Security and Community Connections: A Case Study of Peterborough, Ontario by Mary Anne Martin, Trent University
- PPRN Agenda for Change
- PCCHU Food Charter

9.0 Meeting Highlights for Email Notice

A group of volunteers are looking for a location and support to start a new North End Food Bank. For more information please contact Linda Midford 705-874-0518
amax6@hotmail.com.

10.0 Adjournment

Parked Items

- Community Food Security Discussion (Kim Dolan, PARN)

Future Items

- Social Assistance Reform/Provincial Advocacy on Food Security

PCFN meetings take place the third Thursday of every month at the Peterborough County-City Health Unit, Dr. J. K. Edwards Board Room (3rd Floor), 185 King Street from 1 – 2:30 p.m. Please submit your agenda items to Alida Tanna (atanna@pcchu.ca) no later than 1 week prior to the meeting for inclusion in the circulated package. Meeting agendas and minutes for the PCFN are posted in the 'Create Change' section of the [Food in Peterborough](#) web site.

Any community member or organization is welcome to submit relevant updates which may be shared as part of the 'Round Table' section. The organizations listed below each heading are examples of each theme or grouping, and are not meant to be exclusive. If you cannot attend a meeting to provide your update, please submit them via e-mail to Alida Tanna.