

## Peterborough Food Action Network (PFAN)

### MEETING MINUTES

Thursday, August 20, 2015

1:00 to 2:30 p.m.

Parish Hall, All Saints Anglican Church, 235 Rubidge St.

**Attendees:** Marie Bongard, Joëlle Favreau, Chris Kawalec, Dorothy Boddy, Peter McCarthy, Jill Bishop, Jo Hayward Haines, Carolyn Doris.

#### 1.0 Welcome and Introductions

The meeting was called to order at 1:00 p.m.

#### 2.0 Approval of Agenda

The agenda was approved as circulated.

#### 3.0 Approval of Minutes – July 16, 2015

The minutes were approved as circulated.

#### 4.0 Business Arising from the Minutes

##### 4.1 Review Action Items from the Previous Meeting

- *Community Meals and Survey:* Dorothy Boddy gave an update on the community effort, with thanks to Cathy Curtin and Carol Winter for raising awareness and stepping forward ensure meals were offered during the Open Table closure at Brock Mission. There were generous food and cash donations from the community and faith groups to allow the meals to happen on top of City funding. Chris Kawalec noted that additional evening meals were organized by Anne Haddock and Patti Peeters. It was noted that Brock Mission's kitchen cannot be used by others due to liability issues. Jill Bishop noted that Community Gardens have plots for donation. Chris Kawalec provided contact information.

It was agreed that PFAN members involved in community meals need to be convened to discuss provision of meals into the future since Brock Mission has indicated that once renovations take place, they will not be able to continue with the Open Table program that currently provides 30-60 meals/day (Monday through Friday). Organizations will be invited to discuss what they are able to discuss ideas and contribute towards a solution or an alternative plan for community meals. Chris Kawalec noted that the City does provide minimal funding to support community agencies and volunteers in providing meals. It was also suggested that PPRN be made aware of the future meetings/discussions. Dorothy Boddy shared that PPRN was willing to provide charitable receipts for donations. **ACTION: This item will be added to Business Arising for the next meeting.**

The Nourish Peer Advocates will be piloting a survey of meal participants at the Labour Day Meal. This survey will help to provide information to those planning the future of community meals to better understand needs of participants.

It was noted that past work by PFAN regarding Community Meals ([nutrition suggestions](#), [guiding principles](#)) is critical to be considered in next steps. **ACTION: This item will be added to Business Arising for the next meeting.**

- *Local Food Month:* September has been declared [Local Food Month](#) by both the City and County of Peterborough. Carolyn shared that an information space has been booked by PFAN for the Purple Onion Festival on Sunday, September 20 at Millennium Park from 11 a.m. to 5 p.m. The display will focus on food security programs and raise awareness about Basic Income Guarantee. The Purple Onion Festival falls during [International Basic Income Week](#), September 14-21, 2015. **ACTION: If interested in volunteering, please contact Carolyn Doris (cdoris@pcchu.ca).**

As part of Local Food Month, the Peterborough Downtown Farmers' Market will host an Iron Chef competition where competitors are given a basket of market ingredients and prepare a meal. The Nourish Project and Peterborough Community Garden Network will also be part of the 'Pie Off at Ecology Park' on September 13. Workshops will focus on using locally-grown grains and fruit.

Jo Hayward Haines shared that Peterborough Dialogues have had sessions about local food and are gathering stories/videos including interviews with restaurateurs, consumers and farmers about locally grown food. Jill Bishop offered to provide contact information regarding the documentary filmmaker who has worked with Community gardeners.

## 5.0 New Business

### 5.1 Work Plan Items

- Food security information has been shared with organizers planning the Federal All-Candidates Meeting on Social Issues. The meeting will be held on Tuesday, September 29 from 7-9:00 p.m. at Market Hall. Topics will include health/pharmacare, housing, immigration, income supports/employment. Chris Kawalec noted that there will also be an All-Candidates meeting on seniors' issues at the Peterborough Public Library on September 19 from 7-9:00 p.m.
- 2016-17 Work plan Development: Interested PFAN members will be invited to meet to discuss development of the 2016-17 work plan. **ACTION: This item will be added to Business Arising for the next meeting.**

## 6.0 Round Table Themes

### 6.1 Income Equity/Advocacy

*(PPRN; Income Security Work Group; Nutritious Food Basket)*

- Basic Income Peterborough Network members met with both the Peterborough Labour Council and PPRN to discuss Basic Income Guarantee.
- The new live Food Map, led by the City and PFAN members will go live in early September.

## 6.2 Emergency Food/Community Meals/Community Food Hub/Food Programs

*(Kawartha Food Share; Faith Community members; Nourish Project; JustFood; Collective Kitchens; Gleaning; City of Peterborough)*

- The Nourish Project continues with specific Taste of Nourish workshops for clients of key organizations. An announcement will be made shortly that Nourish will be receiving funding as a Good Food Organization from Community Food Centres Canada.
- PCCHU staff remain busy with both Collective Kitchens and Come Cook With Us (CCWU) series. The CCWU drop-in program at St. John's Anglican Church has just finished a 4-week series that had 15 participants each week. It focuses on cooking and eating together healthy foods. Registered CCWU classes are held throughout the City and County and within 10 hours of class time, a variety of topics are covered including food safety, healthy eating and shopping tips. Outreach for classes takes place at food banks, laundromats, parent groups, etc.

## 6.3 Urban Agriculture/Farming/Local Food

*(PCGN; Farms at Work; Sustainable Peterborough; Farmers Markets; Peterborough Eats; By the Bushel; Seasoned Spoon; Kawartha Choice)*

- PCGN is working with gardeners to measure the amount of food being grown in gardens during this growing season. Containers and recording forms with stickers will be used and then translated into number of pounds of produce. Seed saving workshops are also being held.
- Nourish has held popular canning workshops with Peterborough Gleans. This is the third year that Nourish Project Farmers Market Coupons have been available and remain popular with Nourish participants, farmers' market vendors and the public. Opening up the purchase of the coupons to the public helps to further reduce stigma.

## 6.4 Food Policy

*(PSPC; Municipal Update; Community Social Plan; Healthy Communities/Partners in Wellness)*

- It was discussed that PFAN should consider sharing Food Secure Canada's Eat Think Vote campaign through a letter with local federal election candidates. **ACTION: Carolyn to draft an email for Dr. Pellizzari's approval.**

## 7.0 Other

### 7.1 Moms Feeding Families Study

Mary Ann Martin shared information about the study she is conducting with low-income mothers about food. Posters are available to distribute. Information has been shared on the [PFAN website](#).

## 8.0 Meeting Highlights for Email Notice

- Purple Onion Festival
- Local Food Month
- Federal All Candidates Meeting – Social Issues
- Moms Feeding Families Study

## 9.0 **Adjournment**

The meeting was adjourned at 2:30 p.m.

### **Parked Items**

- BIG Endorsement by PFAN
- PCFN Co-Chair (Pellizzari)
- Community Food Security Discussion (Kim Dolan, PARN)

### **Future Items**

- Social Assistance Reform/Provincial Advocacy on Food Security
- PPRN Strategic Plan

### **Meetings for Remainder of 2015**

*September 17, October 15, November 19, December 17.*

*PCFN meetings take place the third Thursday of every month at All Saints Anglican Church, 235 Rubidge St. in the Parish Hall from 1 – 2:30 p.m. Please submit your agenda items to Alida Tanna ([atanna@pcchu.ca](mailto:atanna@pcchu.ca)) no later than 1 week prior to the meeting for inclusion in the circulated package. Meeting agendas and minutes for the PCFN are posted in the 'Create Change' section of the [Food in Peterborough](#) web site.*

*Any community member or organization is welcome to submit relevant updates which may be shared as part of the 'Round Table' section. The organizations listed below each heading are examples of each theme or grouping, and are not meant to be exclusive. If you cannot attend a meeting to provide your update, please submit them via e-mail to Alida Tanna.*