

## Peterborough Food Action Network (PFAN)

### MEETING MINUTES

Thursday, October 19, 2017

1:00 to 2:30 p.m.

**LOCATION: Dr. J. K. Edwards Board Room, 3rd Floor  
Peterborough Public Health, Jackson Square, 185 King Street**

**Attendees:** Dorothy Boddy, Carolyn Doris, Joëlle Favreau, Mary Anne Martin, Marie Bongard, Cathy Hooper, Erica Richmond, Elisha Rubacha, Barb Diceman, Dr. Rosana Salvaterra (Chair), Alida Gorizzan (Recorder)

#### **1.0 Welcome and Introductions**

Meeting attendees observed a moment of silence in memory of local poverty and homelessness advocate Carol Winter who passed away this week. There will be a gathering today (Friday, October 20<sup>th</sup>) at 7pm at the T-Wharf, anyone interested in attending are encouraged to bring a chair and candles. A gathering is also being planned by the Peterborough Social Planning Council in the coming weeks (details to come). Carol's wishes were to have a party in the early summer, with a bouncy castle that children can enjoy, stay tuned for details.

#### **2.0 Approval of Agenda**

Approved as circulated.

#### **3.0 Approval of Minutes – September 21, 2017**

Approved as circulated.

#### **4.0 Business Arising from the Minutes**

##### **4.1 Review Work Plan**

- *Need Food:* This group has met twice since the last PFAN meeting. They discussed the One Roof Community Centre, and what can be done to encourage more families to attend. In general, the group would like to explore/identify opportunities for community meals for families; they have also identified families with single mothers as another group that could benefit from a planned community meal.
- *Get Involved:* This group is looking at supporting opportunities for skill development. They are compiling what is currently happening in our community (i.e., tools and resources). This group requires a Chair.
- *Create Change:* This group is working towards preparing for the municipal election in 2018. A post card campaign to inform voters about food, poverty reduction and social justice issues, and to provide them with questions to ask their candidates, will be developed. **ACTION: This item will be brought forward to the January 2018 PFAN for further discussion.** They will also advance work on the food charter, and look at food waste specifically in 2018.

**ACTION: Working groups are an important mechanism to move the work of PFAN forward. If there are PFAN members who wish to join a group, or Chair the Get Involved group, please contact Carolyn Doris at [cdoris@peterboroughpublichealth.ca](mailto:cdoris@peterboroughpublichealth.ca).**

#### 4.2 World Food Day, October 16, 2017

To commemorate this day, Josephine Grey, human rights activist and founder of [Low Income Families Together](#) (LIFT), was invited to speak in Peterborough as part of the Nourish Food Series. Feedback from attendees was very positive. Josephine spoke about the right to food, and how it relates to basic income. She encouraged attendees to remember basic rights (e.g. the right to dignity), and to be vocal with elected politicians if there are issues with the basic income pilot. Joëlle noted that Josephine was also instrumental in launching the food box program in Peterborough.

### 5.0 New Business

#### 5.1 Food Waste

Carolyn provided an overview of work on this issue to date, including the recently released [Ontario Food and Waste Discussion Paper](#). Ontario is preparing to release the *Waste-Free Ontario Act*, which will seek to reduce organic waste in garbage, with a complete and total ban in 2022.

With respect to Canadian statistics, studies have found that 50 % of food waste occurs at home, costing \$1500/yr./household; 40% of food produced in Canada is wasted at a value of \$27B. The City of Vancouver recently launched a successful [Love Food Hate Waste Campaign](#).

Sustainable Peterborough is working on climate change action plans with upper and lower tier municipalities, this includes addressing food waste. There was discussion on how PFAN could assist and ensure that food waste reduction is not seen as a potential solution to food security. **ACTION: Carolyn to connect with Sustainable Peterborough regarding a potential meeting to discuss food waste.**

**ACTION: Carolyn to share a [presentation](#) about food waste she attended (includes the [Love Letter to Food video](#))**

#### 5.2 2017 Limited Incomes Report

The [Limited Incomes Report for 2017](#) has been released. The report will be shared with municipal councils, as well as with local service clubs and Chambers of Commerce. In addition, a presentation will be requested with the Joint Services Steering Committee.

400 copies were distributed as part of the 'Chew On This' campaign by volunteers from Emmanuel United Church West at various events including at the Downtown Farmer's Market.

Printed copies are available for distribution, please contact Carolyn Doris at [cdoris@peterboroughpublichealth.ca](mailto:cdoris@peterboroughpublichealth.ca).

### 6.0 Round Table Themes

#### 6.1 Income Equity/Advocacy

*(PPRN; Income Security Work Group; Nutritious Food Basket; Basic Income Guarantee)*

- PPRN is still in flux, they are currently exploring different ways of restructuring.
- Bill 148 (re: minimum wage) passed second reading yesterday, it has been referred back to the Standing Committee on Finance and Economics.
- A Research and Evaluation Advisory Committee, led by Dr. Kwame McKenzie, CEO of the Wellesley Institute and Special Advisor to the Ontario Basic Income Pilot, will provide advice and recommendations on the evaluation of the pilot. A team of researchers led by St. Michael's Hospital and McMaster University will evaluate the pilot. A provincial Health Equity Working Group co-chaired by Dr. Salvaterra will reach out to see if public health can be involved or support the evaluation.
- The Peterborough Social Planning Council is working on a 2017 Living Wage report; they will be hosting a meeting with local employers, details to come.
- The Precarious Festival will take place over the month of November. It will feature a variety of events including art installations, panel discussions, dance/theatrical performances, public art displays, etc. to create a conversation around the economic situation faced by local artists living and working in Peterborough.

## 6.2 Emergency Food/Community Meals/Community Food Hub/Food Programs

*(Kawartha Food Share; Faith Community members; Nourish Project; JustFood; Collective Kitchens; Gleaning; City of Peterborough)*

- There are a number of upcoming Nourish Events:
  - o [Nourish Reflection Gathering](#), October 24 @ 6:30 p.m. at Peterborough Public Health.
  - o Nourish Harvest Dinner, November 19 @ Peterborough Public Health (save the date)
  - o Nourish Workshops, November 14 and 28 from 2-4pm to explore opportunities to grow community food security (Nov. 7) and goal setting (Nov. 28)
  - o Community Wellbeing Plan Discussion and Dinner, November 30 at Peterborough Public Health.
- Nourish is developing an online cookbook, 'Together We Belong'. They will be seeking submissions (recipe, photo and story) that would feature a favourite recipe of yours that is connected to the issue of belonging. **ACTION: Joëlle will circulate details to PFAN when available.**

## 6.3 Urban Agriculture/Farming/Local Food

*(PCGN; Farms at Work; Sustainable Peterborough; Farmers Markets; Peterborough Eats; By the Bushel; Seasoned Spoon; Kawartha Choice)*

- Peterborough and the Kawarthas Economic Development has partnered with OMAFRA to offer the Selling Food to Ontario Workshop on Thursday, October 26 (9am to 4pm) in Keene. The workshop will assist producers and existing and/or beginning small, food processors to learn more about food trends and regulations that impact and affect their work. Register at <https://www.eventbrite.ca/e/selling-food-to-ontario-workshop-tickets-38432875766>

#### 6.4 Food Policy

*(PSPC; Municipal Update; Community Wellbeing Plan; Healthy Communities/Partners in Wellness)*

- The Community Wellbeing Plan on-line survey has been extended until October 31, 2017. Members were encouraged to share their thoughts at: [www.peterborough.ca/ptbowellbeing](http://www.peterborough.ca/ptbowellbeing). Nourish will host a community meal/discussion on November 30<sup>th</sup> (see item 6.2) on the plan.
- The [Bring Food Home Conference](#) takes place in Ottawa from October 26 – 29. There is a pricing reduction for attendees from Eastern Ontario, if you are looking for a promo code in order to purchase registration at a reduced rate please contact [cdoris@peterboroughpublichealth.ca](mailto:cdoris@peterboroughpublichealth.ca) for more information.

#### 7.0 Other

#### 8.0 Agenda Items for November 16, 2017

#### 9.0 Meeting Highlights for Email Notice

#### 10.0 Adjournment

The meeting was adjourned at 2:20 p.m.

#### Parked Items

- Urban Ag. Committee Report / Review Work Plan (from May 2017)

#### Future Items

*PFAN meetings take place the third Thursday of every month at Peterborough Public Health, Dr. J. K. Edwards Board Room (3rd Floor), 185 King Street from 1 – 2:30 p.m. Please submit your agenda items to Alida Gorizzan ([agorizzan@peterboroughpublichealth.ca](mailto:agorizzan@peterboroughpublichealth.ca)) no later than one week prior to the meeting for inclusion in the circulated package. Meeting agendas and minutes for the PFAN are posted in the 'Create Change' section of the [Food in Peterborough](#) web site.*

*Any community member or organization is welcome to submit relevant updates which may be shared as part of the 'Round Table' section. The organizations listed below each heading are examples of each theme or grouping, and are not meant to be exclusive. If you cannot attend a meeting to provide your update, please submit them via e-mail to Alida Gorizzan.*