

Peterborough Food Action Network (PFAN)

MEETING MINUTES

Thursday, February 15, 2018

1:00 to 2:30 p.m.

**LOCATION: Dr. J. K. Edwards Board Room, 3rd Floor
Peterborough Public Health, Jackson Square, 185 King Street**

Attendees: Ruth Schumaker, Erica Richmond, Linda Midford, Joëlle Favreau, Jill Bishop, Marie Bongard, Mary Anne Martin, Carolyn Doris, Dorothy Boddy, Dr. Rosana Salvaterra (Chair), Alida Gorizzan (Recorder).

1.0 Welcome and Introductions

2.0 Approval of Agenda

The agenda was approved with the addition of 6.3, United Way Update.

3.0 Approval of Minutes – January 18, 2018

The minutes were approved with a correction to the attendees.

4.0 Business Arising from the Minutes

- *Wasted Food:* Staff from Nourish and Peterborough Public Health met with Sustainable Peterborough, GreenUp and municipal staff on this topic to begin information sharing and planning. The Ontario Food Collaborative is organizing a provincial campaign however locally there is a desire to act sooner on this initiative. There is a commitment to host an event in September to tie in with Local Food Month, more details will follow as they become available.
- *PFAN Meeting Format:* PFAN meetings will move to a staggered format, where each month will alternate between regular meetings and working group meetings to ensure that work plan items move forward. As such, the next regular meetings will occur on April 19 and June 21.
- *Provincial Budget Talks:* Carolyn reported that she submitted feedback to the Ministry on the accessibility concerns regarding their recent 'Budget Talks' survey.

5.0 Work Plan

5.1 Working Group Updates (Carolyn, Joelle, Mary-Anne)

- *Need Food:* No update.
- *Get Involved:* The group met on January 26th, they are currently reviewing local programming options with an inclusivity lens. The next meeting will occur on March 9th at Peterborough Public Health.
- *Create Change:* This group will meet next on March 15th.

6.0 New Business

6.1 No Money For Food is Cent\$less

Carolyn provided an overview of this [campaign](#), recently launched by the Ontario Dietitians in Public Health (ODPH). The intent of the campaign is to educate voters on food insecurity and encourage the public to advocate to the provincial party leaders to ensure that food insecurity is an issue for discussion as Ontario prepares for the upcoming election. The site provides a template letter which can also be copied and sent to local riding candidates to

help make food insecurity an election issue locally too. Letters can be sent individually, or by organizations. **ACTION: Carolyn will send letters on behalf of PFAN.** It was noted that local faith groups have a meeting scheduled at One Roof on February 22nd. **ACTION: Carolyn will follow up with Christian Harvey to see if she can present this campaign at the meeting.**

On the topic of elections and advocacy, members discussed how PFAN can facilitate civil participation and election literacy. The Peterborough Community Legal Centre has been integral in planning all candidates meetings in the past, however due to capacity issues it was noted that they will likely not be able to do so this year. Several thoughts expressed included targeting new voters, and educating voters on the new provincial electoral boundaries. **ACTION: Joëlle will give more thought on what PFAN can do on this front and report back.**

Carolyn highlighted recent data from the Canadian Community Health Survey Household Food Security Survey Module (2011/12-2013/14 cycles combined) which shows:

- rate of food insecurity in Peterborough (City and County combined) is 16% of households compared to 12% in Ontario;
- rate of food insecurity in low income households is 37.7% compared to 30.2% in Ontario; the rate of severe food insecurity is 20% in Peterborough households vs. 9% in Ontario; and,
- 29.8% of households with children under 18 years of age in Peterborough are food insecure compared to 15.5% in Ontario; 11.2% of Peterborough households experience severe food insecurity vs 2.7% of Ontario households.

Locally, a meeting has been scheduled with partners (e.g., PSPC, United Way) to have a more fulsome look at the local data. Mary Anne asked whether mother-led households could be pulled out specifically from the data set. **ACTION: Carolyn will follow up to see if this is possible.**

6.2 Regional Farmer's Network (Peter)

Deferred.

6.3 United Way Update

Erica shared that applications are now being accepted for the United Way's Neighbourhood and Innovation Funds. The Neighbourhood Fund provides small, one-time grants to support informal groups of individuals that are working together to improve their neighbourhood or demographic community within the City and County of Peterborough. The Innovation Fund seeks to support nonprofit innovators, whether small or large, to design and/or deliver new initiatives that meet the community priorities identified by the United Way. For more details, go to: <http://www.uwpeterborough.ca/how-we-help/apply-for-funding/> or contact Lisa Smith, Director Philanthropic Impact (lsmith@uwpeterborough.ca or (705) 742-8839 ext. 29).

The United Way is also encouraging local organizations to submit events which can be featured on their Events page (<http://www.uwpeterborough.ca/events/>). Event details can be submitted using the following link: <https://www.surveymonkey.com/r/RD8KLVJ>

7.0 Round Table Themes

7.1 Income Equity/Advocacy

(PPRN; Income Security Work Group; Nutritious Food Basket; Basic Income Guarantee)

- Carolyn shared this report released in December 2017 by Peterborough Public Health. The report can be viewed here: <http://www.peterboroughpublichealth.ca/wp-content/uploads/2011/09/2017-PPH-Low-Income-Status-Report-web-version.pdf>
- Dr. Salvaterra shared that Dr. David Williams, Ontario's Chief Medical Officer of Health, will be at Peterborough Public Health in late February to release his new annual report, [Improving the Odds: Championing Health Equity in Ontario](#). The report calls on all sectors to work collectively on community development in order to address the social, economic and environmental barriers to good health. He proposed that the same outbreak model used to control infectious diseases should be the approach taken to address health inequities. His new report features the excellent food security work taking place in Curve Lake First Nation with Nourish on page 40.

7.2 Emergency Food/Community Meals/Community Food Hub/Food Programs

(Kawartha Food Share; Faith Community members; Nourish Project; JustFood; Collective Kitchens; Gleaning; City of Peterborough)

- Upcoming Nourish events include:
 - o Belonging Dinner in Lakefield on February 28 (hosted with the Lovesick Lake Native Women's Association)
 - o Neighbourhood Dinner at the Emmanuel West United Church on March 7
- Nourish is seeking additional drop off sites for JustFood boxes, if PFAN members are interested in finding out more or if you have any suggestions for drop off sites please call 705-743-3526 or email info@nourishproject.ca.
- Joëlle shared that Gleaning is struggling with the rising cost of bus rentals which has increased from \$80 to \$135.
- Community gardens are gearing up with over 25 people on the waiting list to receive a plot. Jill also shared details of the following Nourish Growing Workshops:
 - o Growers Gathering – Thursday February 22nd 1-3 p.m.
 - o Start A Community Garden – Thursday March 1st – 6:30-8:30 p.m.
 - o Grow Great Gardens – Thursday March 8th and 15th – 6:30-8:30 p.m.All workshops are free and held at Peterborough Public Health. Registration can be done online: www.nourishproject.ca/events, or to register by phone or for more details contact Jill at growing@nourishproject.ca or 705-743-3526 ext. 115.

7.3 Urban Agriculture/Farming/Local Food

(PCGN; Farms at Work; Sustainable Peterborough; Farmers Markets; Peterborough Eats; By the Bushel; Seasoned Spoon; Kawartha Choice)

7.4 Food Policy

(PSPC; Municipal Update; Community Wellbeing Plan; Healthy Communities/Partners in Wellness)

- Sustainable Peterborough will host an event, Planning Locally for Food and Farming, on March 19th. The half-day forum will provide important research and context for decision-makers, planners, farmers, and organizations in food and farming. Participants will learn more about issues that are key to participation in ongoing Official Plan Reviews throughout Peterborough County and City. The event will feature Steve Duff, Chief Economist with the Ontario Ministry of Agriculture, Food and Rural Affairs. Further details can be found here: <https://www.eventbrite.ca/e/planning-locally-for-food-and-farming-tickets-43405841039>
- Carolyn shared that Health Canada is proposing mandatory front-of-package labelling for foods high in nutrients that are a public health concern. They are seeking input on:
 - o proposed regulations for front-of-package labelling for foods high in saturated fat, sugars and sodium;
 - o proposed front-of-package nutrition symbols; as well as on input on other regulatory requirements related to nutrition such as:
 - o moving nutrition claims from the Food and Drug Regulations to a List Incorporated by Reference in the Regulations;
 - o updating the conditions for some claims;
 - o changing the labelling requirements for foods containing certain high-intensity sweeteners;
 - o increasing the Vitamin D levels in milk and margarine; and,
 - o making some changes to reflect the recent ban on partially hydrogenated fats and oils, the main source of industrially produced trans fats.

To participate in the consultation go to: <https://www.canada.ca/en/health-canada/programs/consultation-front-of-package-nutrition-labelling-cgi.html>

- Carolyn shared that consultations will take place in the City and County on the Community Wellbeing Plan: Feb. 28th at the Marshland Centre in Lakefield, and March 1 at Emmanuel Church. To sign up for emails and stay connected on events related to the CWP members were encouraged to visit the CWP site: http://www.peterborough.ca/Living/City_Services/Community_Wellbeing.htm

8.0 Other

- Mary Anne shared that she will be speaking on the Future of Feminist Food at The Canadian Association for Food Studies (CAFS) 13th Annual Assembly at the University of Regina in Regina in May 2018.

9.0 Agenda Items for March 15, 2018

10.0 Meeting Highlights for Email Notice

11.0 Adjournment

The meeting was adjourned at 2:05 p.m.

Parked Items

- Urban Ag. Committee Report / Review Work Plan (from May 2017)

Future Items

PFAN meetings take place the third Thursday of every month at Peterborough Public Health, Dr. J. K. Edwards Board Room (3rd Floor), 185 King Street from 1 – 2:30 p.m. Please submit your agenda items to Alida Gorizzan (agorizzan@peterboroughpublichealth.ca) no later than one week prior to the meeting for inclusion in the circulated package. Meeting agendas and minutes for the PFAN are posted in the 'Create Change' section of the [Food in Peterborough](#) web site.

Any community member or organization is welcome to submit relevant updates which may be shared as part of the 'Round Table' section. The organizations listed below each heading are examples of each theme or grouping, and are not meant to be exclusive. If you cannot attend a meeting to provide your update, please submit them via e-mail to Alida Gorizzan.