

Peterborough Food Action Network (PFAN)

MEETING MINUTES

Thursday, April 19, 2018

1:00 to 2:30 p.m.

**LOCATION: Dr. J. K. Edwards Board Room, 3rd Floor
Peterborough Public Health, Jackson Square, 185 King Street**

Attendees: Barb Diceman, Sharon Cadman, Peter Hughes, Joëlle Favreau, Dorothy Boddy, Ruth Schumaker, Erica Richmond, Chris Kawalec, Lynn Miller, Mary Anne Martin, Carolyn Doris

1.0 Welcome and Introductions

2.0 Approval of Agenda

The agenda was approved with the addition of 6.5 United Way Update.

3.0 Approval of Minutes – February 15, 2018 (attachment)

The minutes were approved as circulated.

4.0 Business Arising from the Minutes

4.1 Budget Talks – successful projects

The Ontario government has posted on-line the five project ideas that received the most votes through Budget Talks. Up to \$5 million will be spent on the following ideas (up to \$1 million per project):

- Increasing mental health programs for students
- Edible garden program in elementary schools
- Increase access to healthy food in Northern Ontario
- Supervised housing for people with mental health issues
- Research study to reduce food waste from retailers.

It was agreed that PFAN members should be involved in future Budget Talks.

4.2 No Money for Food is...Cent\$less/Provincial Election

Carolyn reminded PFAN members of the [provincial campaign](#) and e-letters that can be sent from the campaign website. E-letters on behalf of PFAN that included local food insecurity statistics were sent.

4.3 Wasted Food

A group including representatives from Nourish, GreenUP, City and County Waste Management, Curve Lake First Nation, Fleming College's Sustainable Waste Management Program and Peterborough Public Health continue to meet. Activities include web-based information, media relations and a local event in September. The local theme will be **Food: Too Good to Waste**.

5.0 Work Plan

5.1 Working Group Updates (Carolyn, Joelle, Mary-Anne) – Working Groups continue to meet. All PFAN members are invited to participate.

Need Food: A meeting with food banks focusing on their interest in distributing more fresh food will be held in May. There will also be an opportunity to deliver a workshop to One Roof Community Centre volunteers about food insecurity. Joëlle Favreau will help to lead this event with support from Mary Anne Martin and Carolyn Doris.

Get Involved: The group met on March 9 and their next meeting will be May 18, 2018 at 10:30am, Anstruther Lake Room at Peterborough Public Health. Updates have been made to the Food in Peterborough website. There's also been discussion about Nourish's Neighbourhood Dinners, current workshops (i.e. Cooking for 1 or 2), provincial election letters and the 100 Women philanthropic initiative.

Create Change: The group met in March along with representatives from the City of Peterborough, Kawartha Food Share to further discuss food insecurity statistics and next steps. A food insecurity handout for the election based on work from the Nipissing Food Policy Roundtable is being adapted. The next meeting will be held in May.

6.0 New Business

6.1 Peterborough Regional Farmers Network (PRFN) Presentation

Peter Hughes, a board member of the PRFN presented an overview of this Network. PRFN bring local producers, small business owners and supporters together based on a region classified by soil type not geographical boundaries. Their focus is collaboration and project based work that is led by members. Currently they are working on a best practices guide for farmers' markets that will be website-based with support from the National Farmers Union. Verification banners launched in 2017 are being modified and have been seen as valued by consumers who want to know where their food comes from. Over 15,000 people engaged in social media last year. Discussion included the government's decision of local being Ontario and PFAN's Community Food Security definition supporting community self-reliance. PRFN will continue to connect with PFAN on upcoming events and opportunities.

6.2 Provincial Election: There will be a Health and Social Issues All Candidates event held on May 14, 2018 starting at 6:30pm on 2nd floor at Peterborough Public Health. Dr. Salvaterra will be the moderator for the event. PFAN members are encouraged to attend and ask questions. A poster will be distributed through the list-serve and on the Food in Peterborough website. Ruth S. questioned if there was a central listing of local candidates/email/address for letter writing. Peterborough City and County are now represented by three different ridings. Action: If anyone has access to a listing of candidates, please send to Carolyn Doris for sharing.

6.3 PFAN Meeting Schedules for 2018: After discussion, it was agreed that remaining meetings for 2018 will be held in June, September and November. PFAN members are encouraged to share information through the list-serve by contact Alida (agorizzan@peterboroughpublichealth.ca) or by being involved in a Work Group.

6.4 A Food Policy for Canada Update ([Food Secure Canada](#)): Carolyn shared an update from Food Secure Canada about the response provided by the Minister of Agriculture and Agri-

Food Canada to the Standing Committee. It was agreed that PFAN should send a letter to local MPs ensuring that food insecurity and access to healthy food remain key components of the National Food Policy. Action: Peter Hughes, Mary Anne Martin, Joëlle Favreau and Carolyn Doris will meet to discuss a response.

Carolyn also noted that the Center for Science in the Public Interest is asking people to use [this link](#) to send an e-letter to Ministers Petipas Taylor and Freeland thanking them for their current efforts and to ensure that health issues including nutrition labelling continue to be advocated for in NAFTA discussions. US trade negotiators representing President Trump have attempted to halt nutrition labelling in Canada and Mexico through trade discussions.

6.5 United Way Update: The [Coats for Kids & Grown Ups Too Program](#) is currently accepted donations at local dry-cleaners until April 21. A fall collection will also be planned.

The United Way will also be releasing the local results of the homelessness remuneration in June 21 at 10am at the YES Shelter for Youth and Families, 196 Brock Street, Peterborough. The first homelessness count was held in 2016 over a 24 hour period to gather baseline information. In 2018 the process changed and was held over 4 days in the city and county with 2 surveys (an anonymous survey and a second survey with more personal information that can lead to supports from the community). In 2016 there were 120 people who were homeless and 27 who were provisionally accommodated (i.e., couch surfing); [initial results in 2018](#) have found there were 142 homeless people and additional 79 people with provisional accommodation that were contacted in the surveying process.

7.0 Round Table Themes

7.1 Income Equity/Advocacy

(PPRN; Income Security Work Group; Nutritious Food Basket; Basic Income Guarantee)

-On May 3, 2018 from 7-8:30pm at Peterborough Public Health there will be a Basic Income Pilot panel featuring the Chief of Police (City of Kawartha Lakes), the CEO of Ross Memorial Hospital, a journalist from Lindsay and a person who is taking part in the Basic Income Pilot.
-Nourish will be holding a Fake News event on Monday, April 23 at 6:30pm at Trinity United Church.

-Nourish is also hosting two Democracy Talks series in May. The afternoon one will be held at Emmanuel East United Church from 2:30-4:30pm and the evening series will take place at Trinity United Church from 6:30-8:30pm.

-Carolyn was invited by the Income Security Workgroup to present the food insecurity data (shared with PFAN in February) and Cent\$less campaign in April. There is interest in these 2 workgroups continuing to partner since income is key to both groups.

-Mary Anne Martin shared that her research report was released on International Women's Day. It was highlighted on both Nourish and PFAN blogs and is [available here](#). Paper copies are available from Mary Anne. (Best wishes to Mary Anne who will be defending her PhD dissertation on April 30!)

-A Nourish Speakers Series event will be held on June 28th featuring [Graham Riches](#) from British Columbia speaking about his [latest book](#) (to be released in April) about the right to

food, food banks and charity. Save the date! Mary Anne Martin noted the [letter he wrote to the Premier of British Columbia](#) recently.

7.2 Emergency Food/Community Meals/Community Food Hub/Food Programs

(Kawartha Food Share; Faith Community members; Nourish Project; JustFood; Collective Kitchens; Gleaning; City of Peterborough)

-Nourish will be hosting a second Neighbourhood Dinner at All Saints Anglican Church on May 1. People who live in the Sherbrooke/Rubidge St area are invited to attend to discuss how to become “nourishing neighbours”.

-Nourish has received funding from the Local Poverty Reduction Fund that will focus on evaluating the impact of Nourish. The evaluation will be led by the Complex Health Interventions Team from St. Michael’s Hospital in Toronto.

-Linda Mitchelson has retired from the City of Peterborough and Ellen Armstrong, formerly with Northumberland County, has been hired as the new Division Manager.

7.3 Urban Agriculture/Farming/Local Food

(PCGN; Farms at Work; Sustainable Peterborough; Farmers Markets; Peterborough Eats; By the Bushel; Seasoned Spoon; Kawartha Choice)

-Interest in community gardens continue to grow. There is a currently a waiting list for community gardens plots. Planning meetings for community gardens are underway. Trinity United Church has doubled the size of their community garden.

-The Downtown Farmers Market opens on Wednesday, May 2, 2018. Due to construction of the Louis St Urban Park, the Market will be held on Charlotte Street between Louis St and George St. Everyone is encouraged to attend and support the producers’ only market!

-The [Dandelion Day Festival](#) is being held on Sunday, May 27, 2018 in Millennium Park. Proceeds from the Tour de Lyon charity bike ride will be donated to United Way Peterborough.

7.4 Food Policy

(PSPC; Municipal Update; Community Wellbeing Plan; Healthy Communities/Partners in Wellness)

-There are two upcoming Community Wellbeing Plan wrap-up events: 1) a Drop-in on May 9, 7-9pm at the Douro Arena; and, 2) a Town Hall on May 16 from 7-9pm at the Evinrude Centre. RSVP at ptowellbeing@peterborough.ca or call 705-748-8830 x1447.

-Nourish continues to gather recipes and stories for the Belonging Cookbook. Dr. Salvaterra was featured in one of the first stories. Erica Richmond is involved as one of the writers. Contact Joëlle Favreau to share stories and recipes that bring people together.

-Peterborough Public Health staff have been working on a Health in Official Plans Toolkit for the County of Peterborough for use in the Official Plan Review. The Food Systems section focuses on three recommendations:

- 1) Enhance agricultural capacity and the agri-food sector to impact the local food system,
- 2) Increase access to healthy, local foods for all residents in all communities; and,
- 3) Improve community scale infrastructure to support the local food system.

Examples of other Official Plans that prioritize healthy food systems and tools were also included along with local data, research and linkages to the 2011 PFAN Plant It report. A

similar toolkit is now being prepared for the City of Peterborough Official Plan. Carolyn can share more information at a future PFAN meeting.

8.0 Other

9.0 Agenda Items for June 21, 2018

- Food Hub update presentation, The Mount Community Centre
- Health in Official Plans, PPH submissions to City and County

10.0 Meeting Highlights for Email Notice

11.0 Adjournment

Parked Items

- Urban Ag. Committee Report / Review Work Plan (from May 2017)

Future Items

PFAN meetings take place the third Thursday of every month at Peterborough Public Health, Dr. J. K. Edwards Board Room (3rd Floor), 185 King Street from 1 – 2:30 p.m. Please submit your agenda items to Alida Gorizzan (agorizzan@peterboroughpublichealth.ca) no later than one week prior to the meeting for inclusion in the circulated package. Meeting agendas and minutes for the PFAN are posted in the 'Create Change' section of the [Food in Peterborough](#) web site.

Any community member or organization is welcome to submit relevant updates which may be shared as part of the 'Round Table' section. The organizations listed below each heading are examples of each theme or grouping, and are not meant to be exclusive. If you cannot attend a meeting to provide your update, please submit them via e-mail to Alida Gorizzan.