

Peterborough Food Action Network (PFAN)

MINUTES

Thursday, June 21, 2018

1:00 to 2:30 p.m.

**LOCATION: Dr. J. K. Edwards Board Room, 3rd Floor
Peterborough Public Health, Jackson Square, 185 King Street**

Attendees: Chris Kawalec, Jurgen Rausch, Erica Richmond, Lori Sainte, Jill Bishop, Joëlle Favreau, Marie Bongard, Mary Anne Martin, Barb Diceman, Dan Hennessey, Carolyn Doris, Dr. Rosana Salvaterra (Char), Alida Gorizzan (Recorder).

1.0 Welcome and Introductions

2.0 Approval of Agenda

The agenda was approved as circulated.

3.0 Approval of Minutes – April 19, 2018

The minutes were approved as circulated.

4.0 Business Arising from the Minutes

5.0 Work Plan

5.1 Working Group Updates (Carolyn, Joëlle, Mary-Anne)

- **System Change (Carolyn)**
 - This working group met last in May and produced a document entitled '[We are voting for food](#)' to promote food security issues to consider in the provincial election. The working group is also developing a similar version for the upcoming municipal election which is expected to be ready in July.
 - Members noted it would be beneficial to provide an orientation to the three MPPs to food insecurity in Peterborough. It was suggested that perhaps a letter could be sent, or meetings could be requested with MPPs Scott, Piccini and Smith.
 - The working group is also planning for an event to commemorate World Food Day 2018 in November. WFD occurs on October 16, however given municipal elections, the working group has elected to wait until the following month to hold a local event. The theme for this year is 'Our Actions are Our Future'.
- **Need Food (Joëlle)**
 - This working group has been working on organizing a meeting with Kawartha FoodShare (KFS) to discuss access to fresh produce. KFS has recently acquired a refrigerated truck, which is their current focus at the moment. Joëlle noted that if PFAN members have any leads on local producers looking to donate fresh produce, please pass along the contact information to KFS.

- The group will be meeting again on the 3rd Thursday in July to work on upcoming community meals which will focus on providing training and gaining a better understanding of food insecurity.
- Get Involved (Mary Anne)
 - This working group met last on May 18th. In addition to an update from Amanda Harrison from Nourish, the group discussed trauma training at workshops. The group meets again on July 27.
 - Mary Anne reminded attendees that PPH has 10 sets of the ‘Poverty Game’, an excellent tool which provides an opportunity to experience the challenging choices and creative solutions that are part of everyday life for low-income members in our community. Anyone interested in a loan of the game is encouraged to contact Carolyn Doris. Mary Anne added that people should be mindful when using the tool that some situations may be triggering for individuals who have experienced poverty-related issues in the past. It would be ideal to have someone with lived experience facilitate, and important to debrief afterwards.

6.0 New Business

6.1 The Food Security Quest (Mary Anne)

- Mary Anne shared that Ryerson University has developed [The Food Security Quest](#), an online learning game focused on the topic of food security. The game allows players to step into the life of a fictional character in order to help the character navigate different decisions while trying to stay food secure. According to the website, by the end of the game learners should be able to:
 - Define food security within the context of the five A’s of food security (availability, accessibility, adequacy, acceptability, and agency).
 - Identify key risk factors associated with food insecurity in Ontario (and Canada more broadly).
 - Recognize how history, structural inequality, policy, and discriminatory practices puts some populations of individuals at higher risk for food insecurity.
 - Appreciate the resiliency, strength, and resolve required to persevere when living with food insecurity.

6.2 Dignity for All Campaign sign-on (Carolyn)

Carolyn shared details regarding the [Dignity for All](#) Campaign, a multi-partner, non-partisan campaign co-organized by Citizens for Public Justice and Canada Without Poverty with a vision to create a poverty-free and more socially secure and cohesive Canada. She sought support from members for PFAN to sign on as a supporter to the campaign. **DECISION: Approved.**

6.3 Food Charter (Carolyn)

The [Peterborough Food Charter](#) is now available through the PFAN website, members were encouraged to share the link to the charter to encourage local individuals, organizations and municipalities to endorse/support the charter. The site also includes sample endorsement

forms, a list of food charter supporters, as well as examples of what can be done to put the charter into action.

6.4 PFAN Meeting with Food Rescue (Carolyn)

Carolyn shared that she and Dr. Salvaterra recently met with members of [Food Rescue](#), a new organization based out of Second Harvest in Toronto. Food Rescue has secured provincial funding, as well as a grant from the WalMart Foundation to expand their food rescue model across Ontario. Currently their Food Rescue & Delivery Program connects excess food with those in need, the program runs seven days a week and provides food to our network of over 253 social service agencies in Toronto and reaches 15 large food hubs across Ontario. Outside of Toronto, the program is being piloted in Sudbury, Niagara and Kingston, and the meeting was an opportunity to explore whether Peterborough could be a potential pilot site. A follow-up meeting which is open the public has been scheduled for July 17th from 1:30 to 3:00 p.m. at Peterborough Public Health (PPH).

6.5 Health in Official Plans, PPH submissions to City and County (Carolyn)

- PPH has made submissions to the [County](#) and [City](#) of Peterborough in relation to their official plan development, these are posted on the PPH website via the hyperlinks above. Carolyn was the author of the healthy food systems chapter which focused on three recommendations:
 - o enhance agricultural capacity and the agrifood sector;
 - o increase access to healthy local foods; and,
 - o improve community scale infrastructure to support the local food system
- The County Technical Advisory Committee has asked for presentations on all components of the report produced by PPH.
- The City has two staff on contract to complete work related to the Official Plan.

6.6 Prevention System Quality Index: Health Equity, 2018 Report (Rosana)

Dr. Salvaterra provided an overview of this [report](#), produced by Cancer Care Ontario. The report monitors and recommends system-level policies and programs that can reduce cancer risk factors and exposures in Ontario. It highlights opportunities to reduce tobacco use, alcohol consumption, unhealthy eating and physical inactivity in groups with health inequities. A major focus of the report is First Nations, Inuit and Métis peoples in Ontario. The report makes a number of recommendations in relation to healthy eating, an executive summary can be viewed [here](#)

7.0 Round Table Themes

7.1 Income Equity/Advocacy

(PPRN; Income Security Work Group; Nutritious Food Basket; Basic Income Guarantee)

- Nourish presents a talk with Graham Riches on June 28 at PPH. This will be the professor's only public presentation in Ontario, and may be taped and posted online later. Professor Riches is a former Director of the School of Social Work at UBC. His research and publications lie primarily in the field of poverty studies, human rights and social policy with a focus on the politics of hunger, food charity (food banking), and social welfare. He speaks internationally about domestic hunger, social policy and the

Right to Food. His most recent publication is *Food Bank Nations: Poverty, Corporate Charity and the Right to Food*.

- The Basic Income Peterborough Network is looking for new members. They currently meet monthly, if interested please contact Carolyn and she will connect you with the group. On a related note, Dr. Salvaterra shared that Premier-Elect Doug Ford has said he will not continue the Ontario Basic Income Pilot Project once his government takes office.
- The Association of Local Public Health agencies has passed a [resolution](#) to advocate for a minimum wage that should be aligned with a living wage.
- The Nutritious Food Basket report, a tool to monitor the cost and affordability of healthy eating, is no longer a requirement in the new Ontario Public Health Standards (updated as of January, 2018). As such, local public health agencies are no longer mandated to collect this data and produce these reports annually, however, the sector will continue to produce these reports.

7.2 Emergency Food/Community Meals/Community Food Hub/Food Programs

(Kawartha Food Share; Faith Community members; Nourish Project; JustFood; Collective Kitchens; Gleaning; City of Peterborough)

- Jurgen shared that the Salvation Army has seen huge increases in demand for their community meals. They serve over 1000 meals per month for breakfast, and have seen a 40% increase year over year in attendance.
- Rhubarb gleaning has commenced!

7.3 Urban Agriculture/Farming/Local Food

(PCGN; Farms at Work; Sustainable Peterborough; Farmers Markets; Peterborough Eats; By the Bushel; Seasoned Spoon; Kawartha Choice)

- The Curve Lake Farmer's Market will begin in the Curve Lake Community on Wednesday, June 6th from 10 a.m. to 2 p.m. at the Small Business Centre – 1024 Mississauga Street. The market will run the first and third Wednesday of each month.
- Jill shared details of a recent [Toronto Star article](#) regarding bee hives on roofs in large malls across the G.T.A. Jill noted she will be incorporating this into the next iteration of the Urban Agricultural Report.
- Currently there are 90 community gardens, notable additions include a Three Sisters Garden at the Friendship Centre, and a kids garden (developed and maintained by Syrian refugees) at Talwood Crescent.

7.4 Food Policy

(PSPC; Municipal Update; Community Wellbeing Plan; Healthy Communities/Partners in Wellness)

- The federal government has launched a consultation to protect bees and other pollinators from exposure to imidacloprid, a neonicotinoid pesticide.
- Nancy Fisher recently presented the Community Wellbeing Plan to the Joint Services Steering Committee. Consultation work is complete on the plan, the final report is scheduled to go to Council in the new year. Chris noted that PFAN could be potential reviewer of the final plan.

8.0 Other

9.0 Agenda Items for September 20, 2018

10.0 Meeting Highlights for Email Notice

11.0 Adjournment

The meeting was adjourned at 2:30 p.m.

Future Items

PFAN meetings take place the third Thursday of every month at Peterborough Public Health, Dr. J. K. Edwards Board Room (3rd Floor), 185 King Street from 1 – 2:30 p.m. Please submit your agenda items to Alida Gorizzan (agorizzan@peterboroughpublichealth.ca) no later than one week prior to the meeting for inclusion in the circulated package. Meeting agendas and minutes for the PFAN are posted in the 'Create Change' section of the [Food in Peterborough](#) web site.

Any community member or organization is welcome to submit relevant updates which may be shared as part of the 'Round Table' section. The organizations listed below each heading are examples of each theme or grouping, and are not meant to be exclusive. If you cannot attend a meeting to provide your update, please submit them via e-mail to Alida Gorizzan.