

Peterborough Food Action Network (PFAN)

MINUTES

Thursday, March 21, 2019

1:00 to 2:30 p.m.

**LOCATION: Dr. J. K. Edwards Board Room, 3rd Floor
Peterborough Public Health, 185 King Street**

Attendees: Lauren Kennedy, Dan Hennessey, Barb Diceman, Lori Sainte, Marie, Joëlle Favreau, Erica Richmond, Jurgen Rausch, Ruth Schumaker, Mary Anne Martin

1. Welcome and Introductions

2. Approval of Agenda

3. Approval of Minutes

3.1. November 15, 2018

3.2. January 17, 2019

4. Collaboration – Sharing of a Highlight Since the January Meeting

Lauren- Women (re)Defining Food (in)Security- found the event showed the importance of a systems approach

Dan- an opportunity was missed for community to work with FoodRescue.ca to develop a local food rescue system, that not enough organizations committed and FoodRescue.ca should be invited back. Need for someone to champion the initiative. It was noted, however, that it can be hard for small organizations to be involved.

Joëlle- Nourish is offering Hungry for Income workshop series to change the conversation about food insecurity and show that it is more about income

Jurgen- The Salvation Army conducted a survey with its food bank participants. The results are still being analysed at this time and where appropriate will be shared with other service providers

Mary Anne- has submitted an article that is out for review. It considers the way that community food organizations are changing power dynamics and changing the conversation about food insecurity

Jill Bishop (added later)- have over 40 people on the waiting list for community gardens so far, and the Urban Ag. Workshop series has been very well attended with excited growers

5. Presentations

5.1. Updated [Canada`s Food Guide](#), and Implications; Discussion of Next Steps for PFAN (Lauren)

- Lauren provided a helpful presentation overviewing the updates to Canada's Food Guide which focuses on what to eat (including lots of plant-based proteins) and how to eat (considers determinants of health, environment, cultural diversity and the cultural/historical context of First Nations peoples)
- financial inaccessibility of the new food guide is not new (this was true with the former food guide) and is still a matter of people needing enough income to afford healthy food
- Next steps: another component of the food guide will be released, focusing on life stages (e.g. how it applies to children)
- PFAN next steps- discussed updating the Emergency Meals guidelines to correspond to the new food guidelines. Lauren will develop draft edits of the community meals guidelines and bring to the next meeting for approval

6. Business Arising from Previous Meetings

- 6.1. Response Received from the Minister of Agriculture and Agri-food re: Food Policy for Canada
 - the letter back from Min. MacAuley showed no action regarding food insecurity
- 6.2. Sub-Groups and Next Steps
 - 6.2.1. Community Best Practices
 - met Feb. 27
 - focus of the group: to find what other communities are doing around various food security dimensions, to compare what other groups are doing and make recommendations for further education/ exploration by PFAN; focus on what can we do practically to integrate aspects of the food system; doing our background research on what is happening both within and outside Peterborough before taking action; comparing like-sized communities
 - PFAN as a whole is encouraged to let this group know where more knowledge is needed
 - integrating: education, meeting material needs, advocacy, and relationship building
 - members agreed to each do some research on food initiatives in other communities before the next meeting in April (suggestion to include US examples too)
 - 6.2.2. Federal Election
 - meeting has been cancelled twice but trying to meet next week
 - key that the National Food Policy has now been announced
 - 6.2.3. Municipal Engagement
 - Lauren, Jill and Chris
 - considering assets, barriers and next steps
 - food is spread out among many City staff- how could City staff be brought together around the local food system?
 - brainstorming
 - question: how can food be made a priority municipally?
 - 6.2.4. Publicity/Promotions
 - Elisha and Joëlle met and are working on an article on PFAN's history and contributions- still need to interview a few more people to inform the article

6.3. PFAN Membership Survey

- Joëlle is currently collating the survey responses; many people did not respond.
 - some respondents want to be more involved and some want to just keep receiving PFAN e-mails
- Next step: check with entire PFAN membership if they want to keep receiving PFAN e-mails and ask who would be the representative for their organizations? (and provide a deadline for responding). Lauren and Alida to do.

7. New Business

7.1. [Bill 60](#); Ministry of Community and Social Services Amendment Act (Social Assistance Research Commission), 2018

- Conservative MPP, Robert Bailey, and NDP MPP, Paul Miller, have brought forward this bill which proposes a Social Assistance Research Commission be developed to analyze regional costs of basic necessities and recommend social assistance rates and policy; the commission would have representation from people who are: aboriginal, people with disabilities, and OW and ODSP recipients
- PPH decided to write a letter to say this is important and suggest what needs to be considered
- how can the Government of Ontario partner with work already being done by Public Health units and Market Basket Measure?
- PFAN to express support for this Bill- Erica, Lauren and Mary Anne to craft a letter
- it would be good to share with the public and encourage others to participate/advocate too

[Provincial Local Food Goal](#) Announcement

- this announcement seems similar to previously announced Greenbelt announcements
- includes case study videos, local food hubs map, public sector local food target awards, support for Foodland Ontario promotions

7.2. [Federal Budget Introduction](#) of a Food Policy for Canada

- includes: national school food program; local food infrastructure fund (helping communities access healthy food; supporting local projects including farmers' markets, food banks); buy Canadian campaign; tackling food fraud; permanent residency pilot for fulltime non-seasonal agricultural. Workers; support for Northern and Indigenous communities; reducing food waste
- although the Poverty Reduction Strategy aims to lower poverty by 20% by 2020 & 50% by 2030, and considers food security, the Food Policy does not look at income
- PFAN next steps: how to let the government know that we are paying attention: another letter from PFAN identifying the positives and negatives- Mary Anne, Lauren and Joëlle to work on.

8. Round Table Themes

8.1. Income Equity/Advocacy

- (PPRN; Income Security Work Group; Nutritious Food Basket; Basic Income Guarantee)
- *Basic Income, the Time has Come*, April 3 event at Market Hall 7-9 pm—will include screening of *The Manitoba Story* and presentations by Ron Hikel (Mincome executive

director), Dana Bowman (Ontario BI pilot participant) Joli Scheidler-Benns (co-author of OBIN's report *Signposts to Success*)

8.2. Emergency Food/Community Meals/Community Food Hub/Food Programs

(Kawartha Food Share; Faith Community members; Nourish Project; JustFood; Collective Kitchens; Gleaning; City of Peterborough)

-discussion about the need for more outdoor water fountains and drinking water access in Peterborough; PPH has a water station on the 2nd floor; lots of businesses and public buildings have water access but need more outside for people living on the street; may be a good issue for the municipal engagement subgroup to explore

8.3. Urban Agriculture/Farming/Local Food

(PCGN; Farms at Work; Sustainable Peterborough; Farmers Markets; Peterborough Eats; By the Bushel; Seasoned Spoon; Kawartha Choice)

8.4. Food Policy

(PSPC; Municipal Update; Community Wellbeing Plan; Healthy Communities/Partners in Wellness)

9. Other

10. Agenda Items for May 16, 2019

11. Meeting Highlights for Email Notice

12. Adjournment

Future Items

PFAN meetings take place the third Thursday of every other month at Peterborough Public Health, Dr. J. K. Edwards Board Room (3rd Floor), 185 King Street from 1 – 2:30 p.m. Please submit your agenda items to Alida Gorizzan (agorizzan@peterboroughpublichealth.ca) no later than one week prior to the meeting for inclusion in the circulated package. Meeting agendas and minutes for the PFAN are posted in the 'Create Change' section of the [Food in Peterborough](#) web site.

Any community member or organization is welcome to submit relevant updates which may be shared as part of the 'Round Table' section. The organizations listed below each heading are examples of each theme or grouping, and are not meant to be exclusive. If you cannot attend a meeting to provide your update, please submit them via e-mail to Alida Gorizzan.